

# THE WEEKLY NEWS



Vol. 19, No. 36

From the Beaches to the River District downtown Fort Myers

SEPTEMBER 4, 2020

# Prestigious Edison Awards Coming To Fort Myers

The Horizon Council and Horizon Foundation are partnering with the City of Fort Myers to sponsor and host the highly-acclaimed international Edison Awards in the heart of Fort Myers over the next three seasons. Beginning April 21 to 23, 2021 and continuing through spring 2024, the Edison Awards will take place at the new Luminary Hotel and Co. and Caloosa Sound Convention Center in downtown Fort Myers.

"Bringing the internationally recognized Edison Awards and its high caliber of award-winning entrepreneurs to the City of Fort Myers where Thomas Edison maintained his winter home is a very big deal," said City of Fort Myers Manager Saeed Kazemi, PE. "We look forward to welcoming everyone to our beautiful City of Palms."

As part of the agreement with Edison Universe, the Horizon Foundation and Horizon Council will contribute \$150,000 over a three-year period, and the City of Fort Myers and Community Redevelopment Agency (CRA) will do the same. The



Yang Yuanqing, chairman of Lenovo, and Elon Musk of Tesla and SpaceX were honored with the 2014 Edison Achievement Award photo provided

groups will also assist the Edison Awards in securing another \$50,000 from area businesses for each event year.

"The Horizon Foundation couldn't be

more excited and honored to extend our global reach with the Edison Awards, which will bring business leaders and tourism dollars from all over the world to our area," said Horizon Foundation President Dan Eveloff.

Of special significance for Fort Myers is having the Edison Awards come to a place where Thomas Edison had a family home and laboratory. The Edison and Ford Winter Estates are visited by more than 250,000 guests each year and are located less than one mile from the Caloosa Sound Convention Center.

Named after inventor Thomas Edison, the Edison Awards have recognized and honored some of the most innovative new products, services and business leaders from around the world since 1987. The awards personify the persistence, excellence and human drive for innovation, creativity and ingenuity long personified by the famous inventor.

"We are thrilled that the Edison Awards are moving to downtown Fort Myers where Thomas Edison's greatest innovations originated over 150 years ago," said Executive Director of the Edison Awards Frank Bonafilia. "The future of Fort Myers is bright with robust start-up and global companies that are leading the charge in enhancing the quality of life, increasing sustainability and improving educational technology."

Each year, more than 150 companies 'continued on page 14



My best friend and I by Isabella Baquerizo

# New Exhibit At Alliance Not Just Fun And Games

The Alliance for the Arts' September and October exhibition, Plays Well With Others, will be displayed from Friday, September 11 through Saturday, October 17 with limited gallery and gift

images provided

shop hours. There will be a free, virtual opening reception on September 11 at 6 p.m. Guests will be able to hear statements from the artists and engage with questions and feedback throughout the night. Pre-registration is required at www.artinlee.org/playswellopening.

Plays Well with Others is an exhibition curated by Jessica Todd featuring local and national artists who create work that engages with play and toys in interactive.



Time Travel by Whitney Hackett

mischievous and subversive ways. The exhibition includes works of all media that entertain while disrupting the status quo; one could easily enjoy it as a collection of nostalgia and delight, but the artists have skillfully transformed the lighthearted theme of "play" into a critical dialogue of contemporary issues.

Alliance gallery and gift shop hours

will be Monday, Wednesday and Friday from 10 a.m. to 4 p.m. and Saturdays from 9 a.m. 1 p.m. or by appointment by contacting gallery director Ehren Gerhard at exhibitions@artinlee.org.

Exhibiting artists include: Isabella Baquerizo (Bonita Springs), Amelia Briggs (Nashville, Tennessee) Breana Ferrara

continued on page 12

Historic Downtown Fort Myers, Then And Now:

# Shuffleboard's Heyday



by Gerri Reaves, PhD

or much of the 20th century, shuffleboard was a popular recreation option downtown. The sport's local heyday began in 1933, when courts were built in Evans Park, located west of Heitman Street and south of Main.

In 1946, the city built 40 new modern courts, pictured here circa 1947, at the Civic Center on Edwards Drive. They were an indication of postwar prosperity, optimism and investment in public

The courts occupied the eastern side of the Civic Center complex, located across from the Fort Myers Yacht Basin between Hendry and Jackson streets.

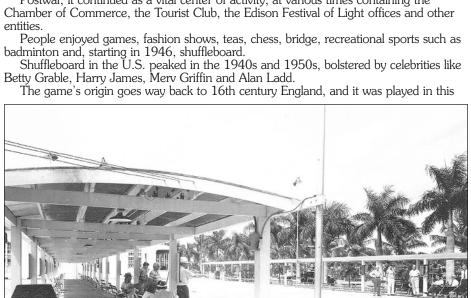
The Civic Center had been created in 1943, when a portion of the 1927 Pleasure Pier Auditorium – today's Hall of Fifty States – was relocated. The pier had deteriorated and had to be demolished, and only that section was saved.

An adjoining structure was constructed on the auditorium's west side closer to the corner of Edwards Drive and Hendry Street.

During the war, that center was a hubbub of social, community and civic activity. It housed the USO and a continual round of activities for servicemen stationed at nearby Page Field and Buckingham Army Air Force Base, as well as for locals and

There was a canteen, and a live orchestra played at weekly dances.

Postwar, it continued as a vital center of activity, at various times containing the Chamber of Commerce, the Tourist Club, the Edison Festival of Light offices and other



In 1946, the City of Fort Myers built 40 modern shuffleboard courts at the Civic Center on Edwards Drive. In the left background is the auditorium, today called the Hall of Fifty States. photo courtesy SWFL Historical Society



Shuffleboard players enjoy a nighttime game at the Civic Center in October 1950 photo Tampa-Hillsborough County Public Library System

country as early as the Revolutionary War period.

In 1981, the Civic Center was renovated and became the Fort Myers Tourist Building The auditorium became the Hall of Fifty States.

However, by the turn of this century, the Civic Center, as well as the courts were dilapidated. Who knows when the final game was played on those courts?

In 2007, the western half of the complex and shuffleboard courts were demolished. For the first time in over 70 years, there were no public shuffleboard courts

Only the Hall of Fifty States remains of the Civic Center, and the historic building's continued on page 4



The Hall of Fifty States is the only surviving part of the once-thriving Civic Center. It was originally a portion of the 1927 Pleasure Pier built on the river near the foot of Heitman Street and was moved to this site in 1943. photo by Gerri Reaves

Ross Hauser, MD

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WEEKLY NEW
BEACHES TO DOWNTOWN FORT MYERS

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Flita Barfield

# Models Sought For Cover Of Publication

odels are needed for the cover of Love Your Rebellion (LYR), Issue 14: Technical Difficulties. The model call runs through September 13, and the issue will be released on December 1.

LYR is looking for a diverse group of women and non-binary individuals to be on the cover of LYR Issue 14. There are no requirements other than submitting a favorite photo of yourself, discussing your passions and projects, and providing contact information. Models will be provided with one free portrait by Jesi Cason Photography, which will be used on the cover of Issue 14. People from marginalized groups are encouraged to apply at www.loveyourrebellion.org/love-your-rebellion-model-call.

love-your-rebellion-model-call.

For each issue of the zine, LYR
pulls together a group of extraordinary
women and non-binary folks to grace
the cover. The shoot usually takes
place in a large group at an established
location. Issue 14 is a little bit different.
Due to COVID-19, LYR has to
reimagine the cover shoot and devised
an idea that keeps everyone safe. Plus,
the concept features portraits by Jesi
Cason Photography and a one-of-a-kind
retro-futuristic sculpture by artist Cesar
Aguilera.

LYR Issue 14 will feature therapeutic arts activities created by LYR founder Angela Page, visual artists Michelle Caraway and Annie Pritchard, and Licensed Marriage and Family Therapist Rebecca Martinez-Thomas.

Issue 14 also marks an increase in the publication's print run. Thanks to a project grant from the City of Fort Myers, LYR will increase the zine's print amount from 100 to 500 issues beginning with Issue 14. Fifty percent of the issue's print run will be donated to organizations that support the communities LYR serves.

The LYR zine began in 2011 as a cut-and-paste literary arts booklet

photos by Jesi Cason Photography



**Roxx Barrios** 



Rachelle Ford

handmade by Page. In 2015, she met a group of women who wanted to work on the zine as well, including Caraway, LYR's vice chairperson, Michelle. In 2018, Page and Caraway were joined by Pritchard and, in early 2020, Martinez-Thomas came aboard to complete the team. Now, the LYR zine is transformed into a full color mass market publication that showcases art and writing, and provides accessible therapeutic arts activities. To learn more, visit www. loveyourrebellion.org.

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# Political Paintings Featured In Three September Shows



by Tom Hall

fter multiple cancellations the worldwide coronavirus pandemic, Dr. Kyra Belan has announced exhibitions in venues in New York and abroad.

Dr. Belan, a Cape Coral resident, is an internationally-acclaimed artist, author, mythologist and art historian. She served as a professor of art and art history and a founding gallery director at Broward College for two decades. She has enjoyed more than 50 solo art exhibitions and numerous group shows.

Belan's New York representative, Ceres Gallery, will reopen in September with a group show featuring member artists. Titled Life As It Is Now, this exhibition will run from September 5 through September 26 and will include Belan's 30-inch-by-22inch acrylic painting Your Vote Counts/ Wear a Mask, which she created during the pandemic.

Dr. Belan is also exhibiting work through Netherlands-based international curator Galeria Zero Contemporary Art. GaleriaZero is staging both a virtual



Dr. Kyra Belan

photos courtesy www.artswfl.com

exhibition and a short on-site show at the prestigious Basel Art Center in Switzerland. Titled Post Geographic, the virtual show features work by a select group of artists and will be on display through June 21, 2021. The on-site show at Basel Art Center is titled GZ Basel 2020, which runs from September 25 to 29. Belan is exhibiting her political artworks titled *Demand Democracy* and Climate Crisis, both of which are acrylic paintings on canvas.

Dr. Belan creates portraiture that commemorates outstanding women in contemporary history. Her preoccupation with the subject stems from her realization



Demand Democracy by Dr. Kyra Belan

that the percentage of portraiture that is dedicated to women of achievement is currently unacceptably small. Her goal, therefore, is to help correct this inequity by drawing attention to iconic women through her art.

In November 2014, Dr. Belan completed two colored pencil drawings on paper of Bernese Barfield Davis and Barbara B. Mann, two prominent women of Fort Myers. These artworks were included in the Fort Myers Founding Females Portrait Exhibition in 2015 inside the historic Caretaker's Cottage at the Edison and Ford Estates.

Dr. Belan's awards include: the prestigious Who's Who in American Art 2000-14; Florida Achievement Award in the Arts, 2007-08 Women's Caucus for Art Florida Chapter; 2005 Southeastern Art Conference Award for Outstanding Artistic Achievement Award from the University of Arkansas at Little Rock; Broward Art in Public Places Commission for Southern Regional Courthouse, Hollywood; Miami Dade Art in Public Places Commission for land art, Miami Beach; 1982 Individual Artist Fellowship, State of Florida, Florida Fine Arts Council; Money for Women - Barbara Deming Memorial Fund Grant; The Marquis Who's Who in American Art, and Broward County Women's Hall of Fame 1994 Outstanding Achievement in the Arts

Dr. Belan is known for her magical realism style of art. She graduated from Arizona State University with a bachelor of fine arts in fine arts and from Florida State University with a master of fine arts in visual arts. She also holds a doctorate in higher education and art history from Florida International University.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four

# Fair Housing Poster Contest Announced

ntries are being accepted for the inaugural Lee County Fair Housing Poster Contest through Wednesday, September 30. The contest is open to Lee County students in third through fifth grade.

Lee County Human & Veteran Services is asking grade-schoolers

to show what it means to be a good neighbor and create posters with themes such as supporting one another, increasing diversity and being respectful.

Posters should represent what Fair Housing means in the Lee County community and must:

Contain wording that addresses the

Measure 11 inches by 17 inches, designed horizontally;

Be on poster paper, poster board or similar material;

Include name, grade, school and telephone number of a guardian.

Materials used should be crayons, colored pencils, magic markers, paint, pastels or chalk. No glitter or glue.

Posters may be submitted electronically via a photo, emailed to cdennehy@leegov.com or submitted physically via mail or drop box at Lee County Human and Veteran Services, 2440 Thompson Street, Fort Myers, FL

The poster contest is sponsored by Lee County Human and Veteran Services.

For more information visit: www. leegov.com/dhs/fairhousing. For questions, contact Clare Dennehy at cdennehy@leegov.com.\$

# Sincerely working for you!

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### Summerlin Place





### From page 2

## Historic Downtown

fate is still being debated. Will it be restored, relocated, or destroyed?

Today, the land where shuffleboard enthusiasts competed is used for parking.

Walk down to the former site of modern shuffleboard courts where locals and tourists recreated for decades.

Then learn more about how people had fun in the mid-20th century at the following research centers.

Hours might be affected by the coronavirus pandemic, so call first.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: The Archives of the Southwest Florida Historical Society and The News-Press \$

The Master Board distinction is one of several leadership development programs offered by the Florida School Boards Association to ensure board members obtain well-rounded and thorough

understanding of his or her policy-making job responsibilities. For more information about all FSBA leadership development offerings and recipients, visit www.fsba.

A plaque is being sent the school board to recognize its achievement and will be displayed outside the board room. FSBA representatives may attend a future board meeting to make a formal presentation.

our community."



The Lee County School Board with the Superintendent Gregory Adkins, left

# School Board Recognized By State Association

The Lee County School Board is being recognized as a Master Board by the Florida School Board Association (FSBA). To earn this distinction, a majority of the district's board members and the superintendent must be present for 20 training hours including a Master Board forum. The leadership curriculum is

designed to offer meaningful learning sessions concentrating on student achievement through the four pillars of the FSBA Governance Model: vision, structure, accountability and advocacy.

"The work you did together as a leadership team is a testament to your dedication to the communities you represent," said FSBA Director of Leadership Services Tina Pinkoson. "It is obvious that your priority is being the most effective team possible so that you can positively impact the students in your district."

The Master Board distinction will

photo provided

remain in effect for the period of time in which school board members with their names on the Master Board plaque continue to serve as school board members. The Lee County School Board also earned this distinction in 2015 and 2017.

"We are pleased to have accomplished completion of Master Board training during this challenging time," said Mary Fischer, board chair "We were focused on developing improved skills as a governance team as we work to move the district forward and advocate for our students and staff. Education is the economic driver for

Wednesdays
At The Alliance

The Alliance for the Arts will host Food Truck Grab-and-Go events each Wednesday, now through October 28 from 5 to 7:30 p.m.

Food Truck

Food trucks rotate weekly. Pre-order for pickup is available for most trucks.

Food truck staff will wear face coverings, and customers are encouraged to also wear face coverings while waiting in line. Patrons are advised to keep six feet between themselves and others. Trucks will be spaced with proper distance. No loitering.

The Alliance for the Arts is located at 10091 McGregor Boulevard. For more information and a full schedule, visit www. artinlee.org/foodtruck or call 939-2787.

# Labor Day Sidewalk Sale

Up to 70% off September 4 - 7 at Sanibel's #1 Shopping Destination





FSW Respiratory Care Class of 2020

# Graduates Earn Full Pass Rate For Third Straight Year

or the third consecutive year, 100 percent of the graduates of Florida SouthWestern State College's (FSW) Respiratory Care program have passed their certification exams to earn the Registered Respiratory Therapist credential. There were 13 graduates in the class of 2020. To earn the credential, graduates must pass two certification exams that must be completed at least

photo provided

three days apart.

This group of graduates faced unusual challenges due to the COVID-19 pandemic," said Jean Newberry, FSW respiratory care program director. "From March through June, they had to complete the program virtually via Zoom. They then had to travel across the state of Florida to find testing locations that were still open to take their two exams. We are always proud of all of our graduates, but this group is a true example of how to overcome challenges to reach your goals."

To learn more about FSW's Respiratory Care program, visit www.fsw.edu/ academics/programs/asrespiratorycare.

# Disc Jockey Mixing Lessons At Davis Art Center

ix Fingers Studios, part of the Sidney & Berne Davis Art Center, will offer one-on-one private DJ Mixing classes for students of any

The lessons are designed to both educate and inspire students of any age Tommy Giaime with no experience



whatsoever or help guide an aspiring artist to achieve their goals. Lessons are a great way to tap into passions and reveal artistic expression. Students are educated on the history of DJing while having a clear understanding of music theory in a fun and rewarding environment. Students will learn: History of DJing; Music Theory; Mixing Songs; Sourcing & Organizing Music; Performing to a Crowd; and Using a Variety of DJ Performance Tools.

Studio Manager Tommy Giaime, a New York-born disc jockey and the owner/producer/instructor of Sol Productions & Entertainment, will be the instructor.

Six Fingers Studios offers several options in recording packages, which includes internal engineer contracted by the studio to provide sound recording services, project consultation and production assistance. There are three isolated recording spaces inside Six Fingers: the Thumb, the Bird and the Pinkie. Each space is a dead room.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, call 333-1933 or visit www.sbdac.com/dj-mixing or www. sbdac.com/six-fingers-studios.☆

# Love That Dress Fundraising **Event Postponed**

he PACE Center for Girls, Lee County Love That Dress! event, scheduled at Embassy Suites by Hilton on Wednesday, September 30, has been postponed. Information on a new date for the 12th annual event, labelled as ultimate feel-good shopping spree of the year with all proceeds benefiting PACE programs and services, will be announced in the near future.

For more information, visit www. pacecenter.org/locations/lee or call . 425-2366.☆

# College Bound

arina Curry of Fort Myers has enrolled at James Madison ■ University for the fall 2020 semester. Curry's selected major is secondary education. 芬

# Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc. org, 2756 McGregor Boulevard, 226-0900.
ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m., 10291 Bayshore Road,

**ANNUNCIATION GREEK ORTHODOX** Sunday 9 and 10 a.m., www.annunciation. fl.goarch.org, 8210 Cypress Lake Drive,

BETH YESHUA MESSIANIC SYNAGOGUE Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

**BIBLESHARE** 

10 a.m. Sunday and 7 p.m. Tuesday, www. simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835

CHABAD LUBAVITCH ORTHODOX Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m., www.revtedalthouse@aol. com 10200 Cypress Cove Circle, 850-3943. CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 10 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate

**CHURCH OF THE CROSS** 

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

**COVENANT PRESBYTERIAN** Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY

Sunday 8 and 10:45 a.m. Jan 1 - Easter; 9 a.m. after Easter - Dec 31. www. crownoflifelutheran.com. 5820 Daniels Pkwy,

REDEEMER CHURCH

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake

CYPRESS LAKE PRESBYTERIAN Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress

Lake Drive, 482-1250. **FAITH UNITED METHODIST** 

Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christianscience fortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.
FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511. FORT MYERS CHRISTIAN CHURCH Sunday 10:30 a.m., 5916 Winkler Road, 437-4330

FORT MYERS CONGREGATIONAL **UNITED CHURCH OF CHRIST;** Sunday 10 a.m., 8210 College Parkway,

482-3133. FIRST PRESBYTERIAN CHURCH OF **FORT MYERS** 

11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261 IONA-HOPE EPISCOPAL

CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10

a.m. and 6 p.m., 881 Nuna Avenue, 481-1143

LAMB OF GOD

Sunday 7:45 and 10 a.m., www. lambofgod church.net, 19691 Cypress View Drive,

**NEW HOPE PRESBYTERIAN** 

Sunday 8, 9:30 and 11 a.m., www.newhope fortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.peacecommunity church.com, 17671 Pine Ridge Road, 267-7400

**PEACE LUTHERAN** 

Sunday 8 and 10 a.m., www.peaceftmyers. com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEĔMER LUTHÉRAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD 8, 9:45 and 11:30 a.m., 21580 River Ranch

Road, 495-0400. SAMUDRABADRA BUDDHIST CENTER Meditation classes. www.MeditationInFort

Myers.org, 567-9739. SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-397 ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161

SAINT JOHN THE APOSTLE **METROPOLITAN** 

Sunday 10 a.m., 3049 McGregor Boulevard,

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

### SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m., www.saintnicholasmonast ery.org, 111 Evergreen Road, 997-2847.
ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818. SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336

TEMPLE BETH EL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9
a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel. com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE) Friday 6:30 p.m. and Saturday 9 a.m., www. tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER

Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212,

THOMAS A. EDISON CONGREGATIONAL Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Ľane, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125. WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m., www.zionfm. org, 7401 Winkler Road, 481-4040. Email changes to press@islandsunnews. com or call 395-1213.\*\*

# New Veterinary Interns At CROW

r. Sasha Troiano and Dr. Melanie Peel have joined the Clinic for the Rehabilitation of Wildlife (CROW) as the newest wildlife and conservation medicine interns. Their year-long veterinary internships began on July 1.

Dr. Troiano, who grew up in Milwaukee, Wisconsin, received a bachelor of science in biology and a bachelor of science in aquatic and fishery sciences before completing a master's degree in aquatic and fishery sciences (fish toxicology) at the University of Washington in Seattle. She went on to earn her doctorate at Tufts Cummings School of Veterinary Medicine.

"I can't really remember a time where I wasn't interested in wildlife," said Dr. Troiano. "I have always loved animals, and I have always loved being outside camping, hiking etc., and wildlife was just part of that. As I got older, I began to realize that so much of the damage done to wildlife is either directly or indirectly related to human influence, and if I can help mitigate that damage, even in a small way, it is very worth it."

Before coming to CROW,
Dr. Troiano completed a wildlife
rehabilitation internship at PAWS in
Seattle and an externship at Cape
Wildlife Center along with externships
at the Florida Aquarium, Shedd
Aquarium, Sea World San Antonio,
the Milwaukee Zoo, and a small animal
medicine and surgery rotating internship
at the University of Illinois. She also
volunteered at the Tufts Wildlife Clinic
with the baby team during the busy
spring and fall months.

Dr. Peel grew up in Whittier, California before attending Whittier College where she double majored in biology and environmental science along with swimming and playing water polo. She received her doctorate from Oregon State University's Carlson College of Veterinary Medicine in 2018.

"During college, I was doing research on blue crab larvae populations in the gulf of Texas – I thought I wanted to do ecology research for my career – and ended up volunteering at a sea turtle and sea bird rehabilitation center," said Dr. Peel. "That's when I realized I felt



**Dr. Sasha Troiano and Dr. Melanie Peel** photo provided

so much more fulfilled doing clinical conservation."

She went on to do a small animal medicine and surgery rotating internship at the Veterinary Specialty Center of Seattle and recently completed a zoo veterinary internship at Wildlife Safari in Oregon before arriving at CROW.

The Wildlife and Conservation Medicine Internship at CROW is centered around the One World, One Health concept and designed for those who have completed their doctorate of veterinary medicine and are interested in gaining experience treating wildlife. In addition to clinical duties, interns participate in research and conservation projects, give case and journal club rounds, and help teach students, staff and volunteers.

"CROW sees a high case load of a wide variety of species, and I am excited to learn the husbandry, rehabilitation, medicine and surgery that goes into rehabilitation and release of these animals," said Dr. Troiano. "I had never worked with pelicans before, but from the couple I've seen so far, I think they will be one of my favorite wildlife species to work with this year."

"I'm looking forward to gaining the experience and knowledge to make a difference in conservation medicine, as well as making human connections with like-minded people," said Dr. Peel. "On the rehab side of things, I love working with opossums. They eat ticks and are so cute."

For more information about internships and externships offered at CROW, visit www.crowclinic.org/articles/student-programs.

Plant Smart

# Coastal Doghobble

by Gerri Reaves

ative coastal doghobble (Leucothoe axillaris) is a loosely branched evergreen shrub with attractive arching branches. Its natural habitat is damp woods, swamps and floodplains.

A member of the heath family, it is also called swamp dog-laurel, pipestem and fetterbush.

It has a moderate growth rate and prefers partial to full shade, reaching a height of two to six feet and an equal width

The alternate lance-shaped or ovate leaves are leathery, measure two to five inches long and have pointed tips. In the colder months, the foliage can turn reddish or purplish.

Drooping racemes of white fragrant springtime flowers appear in the leaf axils, the flowers at the base opening first.

The showy small flowers are urn- or bell-shaped and often pink-tinged.

Use this long-lived shrub as a groundcover or border in a moist well-drained spot with acidic soil. In good conditions, it forms thickets.

It lacks salt tolerance, has little drought tolerance and is not suitable for the southernmost portions of the state.

The fruit is a dark brown rounded capsule.



Native coastal doghobble produces showy urn-shaped flowers photo by Gerri Reaves

Propagate it with seeds and cuttings. The odd common name refers to hunting dogs' habit of getting tangled in the foliage.

Sources: Native Florida Plants by Robert G. Haehle and Joan Brookwell, The Shrubs and Woody Vines of Florida by Gil Nelson, https://edis.ifas.ufl.edu, www.flawildflowers.org, www.fnps.org, and www.wildflower.org.

Plant Smart explores the diverse flora of South Florida.

# Algae Found In Boris Canal

The Florida Department of Health in Lee County (DOH-Lee) is issuing a cautionary health advisory for the City of Cape Coral – Boris Canal based on observations of algae in the canal. When algae is visible, DOH-Lee recommends individuals boating in the canal avoid contact with the water. The Florida Department of Environmental Protection (DEP) will continue to post updates for the Boris Canal at www.floridadep.gov.

Blue-green algae can cause gastrointestinal effects if swallowed. Children and pets are especially vulnerable, so keeping them away from the water during a bloom is especially important. If you wish to report a new algae bloom, visit www.floridadep.gov/algalbloom.

The City of Cape Coral, DEP, the five water management districts, DOH, the Florida Fish and Wildlife Conservation Commission and the Florida Department of Agriculture and Consumer Services work together to respond to algal blooms. DEP has been closely monitoring and testing algal blooms and will continue to respond to any new reports.



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## **Explore** Somewhere New



by Capt. Matt Mitchell

Then we needed to get away and unwind last week, we decided to look for something close to home and trailer a boat. After a little research, Manasota Key on Lemon Bay was our choice. I found a vacation rental house on the bay with a boat lift just across

the road from the beach. Rarely do I ever make it much further north on the water than Boca Grande and Gasparilla. So, being able to explore this new body of water while carrying over the same techniques to catch fish would be fun and relaxing.

During the first few days of our trip, the weather kept us inside until the effects of Hurricane Laura passed. We did sneak out for a few hours between the rain and got in some scouting getting the lay of the land. While throwing jigs inside Stump Pass, we found shiners on the grass flats. On the first decent weather day, we returned to these flats and caught lots of pretty baits.

We stayed around Stump Pass for the first few mornings and picked mangrove shorelines with moving current... just like we do at home. The amount of snook in this pass was amazing. Mangrove shorelines throughout Lemon Bay also
Sunrise in Manasota Key held snook, along with one nice redfish. Although

I badly wanted to get out on the beachside and fish some rock jetties up towards Venice conditions remained rough and just did not make it possible. Nevertheless, it felt good to stretch my legs and fish some new water.

The 1st annual Captiva Coastal Cleanup, hosted by Jensen's Marina, is scheduled for Saturday, September 12 from 8:30 a.m. to 12:30 p.m. with a



barbecue afterwards. The event coordinator is Capt Jimmy Burnsed. For more information and to RSVP, text 872-6383.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.

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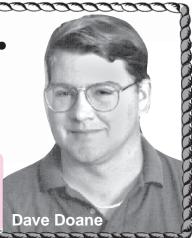
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**CROW Case Of The Week:** 

# Southern Flying Squirrel



by Bob Petcher

outhern flying squirrels (Glaucomys volans) are nocturnal animals that prefer to stay high in the trees and can glide up to 250 feet due to a special "parachute" flap between its

wrist and ankles.

At CROW, a neonate male southern flying squirrel, at an estimated week old, was admitted from Fort Myers after it reportedly fell from its nest and was orphaned. The young squirrel, weighing just 10 grams, appeared to be in good health with no significant findings upon examination.

"Based on how this flying squirrel (was) presented to the clinic, it should have been left alone for a few hours to see if the mom would come back for it," said CROW Rehabilitation Manager Breanna Frankel.

"He is a healthy little boy who had been very well taken care of by his mom and likely just ended up on the ground from a big gust of wind or a storm. A week old may seem very young, but this species reaches adult size around 10 to 12 weeks old."



Patient #20-4089 during one of his supplement feedings

photo by Breanna Frankel

Due to its age and weight, the patient will not be released until it is more independent.

"At this point, we will not be reuniting this infant with its mom, and it will continue to be in care at CROW until it reaches release size. From this size, it will take six to eight weeks to grow up, learn to forage for food, learn to use natural hide homes – trees, branches, etc. – and fend for himself," said Frankel. "They are old enough to do this on their own at about eight weeks old, and he will be released into a group of flying squirrels

since they live in colonies.

In the meantime, CROW rehabilitation staff will provide supportive care and a proper feeding plan until the patient is old enough to be released. It is currently being fed a milk supplement every two hours throughout the day.

"We use an animal milk supplement that is designed specifically for wildlife. It comes in a powder form, and we mix it with water to create the milk formula – similar to making baby formula," said Frankel. "It has a certain ratio of proteins, fats and carbohydrates that benefits

nutritional needs. It smells like a vanilla milkshake but I'm sure it doesn't taste like one."

As the nations ages, solid food will be

As the patient ages, solid food will be introduced.

"The feeding schedule will change around two weeks old or when the squirrel hits 14 grams. At this point, the number of feeds will drop from seven to eight times a day to five to six times a day. His eyes will begin to open around four to five weeks old and the lower incisors will begin to emerge," said Frankel. "Once that happens, we will start to introduce a mash diet with milk to get him eating on his own. We will start more solids around the five week mark when the upper incisors are grown in."

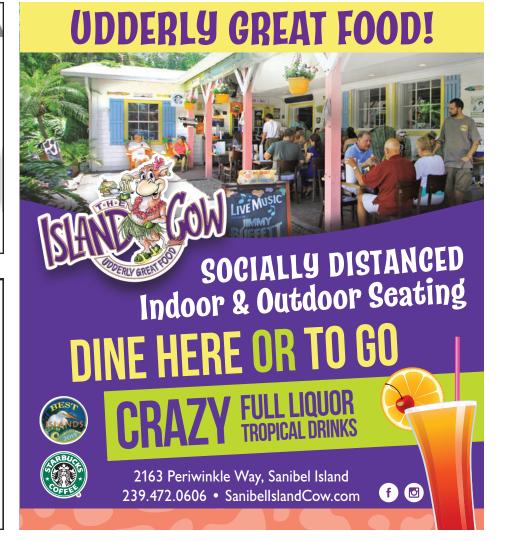
The young squirrel is receiving great care... like all animals that come to CROW.

"He is doing well, eating seven to eight times a day, which we have spread out every three hours to provide more calorie coverage during the day/night. He is beginning to suckle a little better but has a long road ahead of him," said Frankel. "If treatment and care go according to plan, he should be ready for release in six to seven weeks or so."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.\*\*







# Support Native Bees And Enjoy The Many Benefits

by Melinda Myers

ollinators are responsible for about 75 percent of the food we eat. The European honeybee is the most well known but our native bees are also critically important.

We can help our native bees and gardens by reducing or eliminating the use of pesticides and providing shelter as well as food and water.

About 70 percent of our native bees are ground nesting. Reduce the risk of conflicts with ground nesting bees. Create an inviting habitat away from prime gardening areas. Leave warm south facing spaces open for bees to establish their in-ground nests.

Wood and cavity nesting bees, like the leaf cutter bee, make up about 30 percent of our native bee population. Others nest in hollow plant stems so leave these, their homes, stand for winter.

Bumblebees nest in abandoned animal burrows, tree cavities, grassy areas, or under fallen leaves. A colony usually contains a few hundred bees. All members of the colony die in fall except the fertilized queens. The queens look for new homes the following spring.

Support our native bees by planting a variety of bee attracting flowers. The plants provide food and shelter and help attract the native bees to your landscape and bee houses.

Include plants with different colors and shaped flowers. Grow lots of purple, blue, white and yellow flowers that are favored by bees. Plant flowers in mass. You will



Plant a variety of bee attracting flowers like swamp milkweed (Asclepias incarnata), a North American native plant photo courtesy www.MelindaMyers.com

enjoy the display, the garden will require less maintenance, and you will get the attention of the bees you are trying to attract. Plus, bees use less energy when they can gather lots of food from a smaller

Make sure you have something in bloom throughout the growing season. Spring bulbs, wildflowers and perennials provide essential food that is often in . İimited supply early in the season. Fall flowering plants provide needed energy supplies as the bees and other pollinators prepare for winter.

Bigger flowers are not always better. Double flowers may be showy, but they have less nectar and pollen. The multiple layers of petals hinder access to what nectar and pollen they contain.

Grow some herbs in the garden and containers for you and the bees. Let some go to flower and watch for visiting bees on thyme, borage, oregano and other herb flowers.

Grow native plants whenever possible. They are a richer source of nectar and pollen than cultivated plants. Native bees and other beneficial insects have evolved with these plants, providing a mutual benefit.

Leave leaf litter in place and healthy perennials including grasses stand for winter. These provide homes for some bees and other beneficial insects. Wait as long as possible in spring so you don't interrupt their hibernation.

Increase living quarters by making your own native mason bee houses. Just be sure you provide a properly designed, clean home with needed winter protection. Do your homework first to make sure you are not harming the native bees you are trying to support.

The easiest method uses a bundle of hollow sticks such as bamboo, reeds, or sumac. Cut them into short segments and remove three to five inches of pith with wire or a drill. Consider painting the front to make an inviting entrance for the bees. Bundle the stems together with wire or place in a bucket or can.

Or create a solitary bee house from a block of untreated wood. Drill holes into, but not through a block of untreated wood. The holes should be three to five inches deep and about 5/16 of an inch in diameter for mason bees. Nesting tubes inserted into the holes makes for easier cleaning and storage that prevents debris and disease from building up one season to the next.

Mount the bee house on the southeast side of a post, fence or building. Make sure to provide a nearby mud puddle the bees will use to seal off the individual development chambers in the holes.

Creating a bee friendly landscape not only increases your garden's productivity but also the number of songbirds and beneficial insects that visit your garden. That means fewer garden pests and a more beautiful garden for you to enjoy all season long.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses How to Grow Anything DVD series and the nationallysyndicated Melinda's Garden Moment TV and radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Visit her website at www.MelindaMyers.com.☆

# Labor Day Falls On International Manatee Day

his Monday, September 7th, celebrate both Labor Day and International Manatee Day by remembering to boat safely and watch out for manatees on the waterways.

While the day recognizes manatees all over the world, Save the Manatee Club encourages boaters around the southeastern U.S. to vigilantly watch for manatees and obey posted speed zones during the busy boating weekend.

Watercraft-related deaths continue to be the leading cause of manatee mortalities in Florida, caused by blunt impacts from the hull and lower unit, or slashing of the propellers and skegs. "Most living wild manatees also bear scars from these accidental encounters, demonstrating with graphic evidence that most manatees have already been but inches away from losing their lives," said Patrick Rose, Save the Manatee Club executive director and aquatic biologist. "Continued help and support from informed boaters is the key to a safer future for manatees.

Although these gentle giants are large, they are not always easy to spot. At this time of year, manatees can be found in coastal waters, rivers, lakes, bays, estuaries and canals. Boaters and passengers should

wear polarized sunglasses to reduce glare on the water and keep their eyes peeled for manatee snouts, tails and footprints on the water's surface – a designated 'manatee spotter" on board can keep a lookout. Manatees are also slow-moving and prefer shallow waters and areas rich with aquatic vegetation, which is why it's important to follow speed regulations and boat slowly in these zones.

Save the Manatee Club thanks residents and boaters for their role in protecting manatees and offers several free resources. Boaters can request a boating safety kit, which includes a waterway card with manatee protection tips, a boating banner to alert others of nearby manatees and a decal with the number for reporting injured manatees. Shoreline property owners can request bright yellow signs reminding boaters to go "Slow Please." To get more information, visit savethemanatee. org/resources. Requests for the free materials can be sent to education@ savethemanatee.org or by calling toll-free at 1-800-432-5646.

In addition to providing free resources to increase public awareness and reduce negative impacts to manatees, Save the Manatee Club supports manatees around the world through international conservation efforts. "We are working to provide critical materials to manatee rescue and rehabilitation facilities in the Caribbean and Central America as well as support for researchers and manatee advocates

in Mexico and West Africa," says Rose. This assistance helps with the protection of imperiled manatees and their habitats throughout the world.☆

# Volunteer Earns President's Service Award

ort Myers area volunteer Erik Elsea has been recognized by the U.S. Presidential Administration and humanitarian organization, ShelterBox USA, with the President's Volunteer Service Award for his efforts in 2019 to provide emergency shelter and supplies to people who have lost their homes to natural disaster or fled because of civil

With help from Elsea's efforts of raising awareness and funds for ShelterBox, the organization provided shelter and life-saving supplies to more than 145,000 people in 11 countries, including Paraguay after severe flooding, Malawi after Cylone Idai, Syria to support families affected by conflict, and many others.

The lifesaving work of ShelterBox is only possible because of our inspiring volunteers like Erik Elsea, whose service in their communities is ensuring families made homeless by disaster and conflict situations have access to essential shelter and supplies," said Kerri Murray, president of ShelterBox USA. "This distinction truly sets him apart as someone committed to serving others and making the world a better place."

ShelterBox provides humanitarian aid in the form of family-sized tents and essential tools to start repairing and rebuilding homes. Additionally, the organization's kits and boxes contain items that help transform shelter into a home, like cooking sets, solar lights, blankets, water filtration and mosquito nets. More than shelter, these items enable families to recovery following disaster, providing a way to keep communities and families together and allowing them the space to focus on the future.

The President's Volunteer Service Award is a special recognition presented on behalf of President Donald Trump. The award is part of a national recognition program created in 2003 through the President's Council on Service and Civic Participation for individuals of all ages who contribute a significant amount of time to volunteer activities.

To volunteer, fundraise, or make a donation, visit www.shelterboxusa.org or call 805-608-2400. Legacy giving and corporate giving options are available as well. ShelterBox USA is a 4-star rated charity by Charity Navigator and has Platinum status from GuideStar. A

# County Adjusts Schedules For Labor Day

ost Lee County administrative operations will be closed Monday, September 7, in observance of Labor Day.

The county's holiday schedule adjustments are as follows:

Solid Waste – All garbage, recycling and yard waste collections in unincorporated Lee County, the City of Bonita Springs, the Village of Estero and the Town of Fort Myers Beach will take place one day after the regularly scheduled collection day for the entire week beginning September 7. If your regular collection day is Monday, the collection truck will pick up that material on Tuesday. Tuesday's regularly scheduled pickups will occur on Wednesday and so on for the rest of the week through Saturday, September 12. Regular collection schedules resume on Monday, Sept. 14.

Lee County Solid Waste facilities and offices are closed on Monday, September 7. This includes the operation at the Household Chemical Waste Collection Facility, 6441 Topaz Court, and the Resource Recovery Facility on Buckingham Road. The Household Chemical Waste Collection Facility, which is normally open on the first Saturday of the month, will instead be open on the second Saturday, September 12.

Solid Waste urges all residents to recycle the plastic, metal and glass from Labor Day weekend activities.

Lee County Utilities - The offices of Lee County Utilities will be closed on Monday, September. Parks & Recreation – Parks and

preserves remain open, including

amenities such as splash pads, playgrounds, pavilions, courts and fields. Visitors are asked to observe CDC guidelines, including social distancing. Pools are open 9 a.m. to 4 p.m. for lap swimming and physical exercise only. Pools are closed Sunday and Monday. They reopen at 10 a.m. Tuesday, September 8. Recreation centers remain closed for all activities except the club rec program. The centers will be closed Monday, September 7, and will re-open Tuesday, September 8, for the club rec program only. Administration offices remain closed at this time.

Libraries – All library locations will be closed on Monday, September 7. On Tuesday, September 8, the Bonita Springs Public Library, Cape Coral Lee County Library, East County Regional Library, Lakes Regional Library, Fort Myers Regional Library, North Fort Myers Public Library, Northwest Regional Library and South County Regional Library will open at 10 a.m. with limited hours, services and at 50 percent capacity. All branches will resume scheduled contactless curbside holds pickup hours on Tuesday, September 8. Library online resources are available 24/7 at www.leelibrary. net/online.

LeeTran - LeeTran will not run bus, trolley or paratransit service on Monday, September 7. Service resumes Tuesday, September 8. Route schedules and maps can be found at www. rideleetran.com.

Animal Services – Animal Services will be closed on Monday, September 7. Normal business hours by appointment will resume Tuesday, September 8. The Lost and Found and clinic will open from 8 a.m. to 4 p.m. Tuesday, and the adoption center will be open 10 a.m. to 4 p.m. Tuesday. Call 533-7387 to schedule an appointment.

# Blue Chip Business Award Moved To 2021

he Southwest Florida Blue Chip Community Business Award, which will be postponed to May 2021, will now be co-produced with the Lee County Economic Development Office (EDO), the Horizon Council and the Horizon Foundation. The renowned community event has been coordinated and sponsored by McGriff, a subsidiary of Truist Insurance Holdings, for 26

"Blue Chip has been a red-letter day in our community for many years. However, just as we began discussions with the Lee County EDO, Horizon Council and Horizon Foundation about making this an even bigger event by co-branding and combining resources, COVID-19 hit," said Scott Gregory, Blue Chip program coordinator. "We'll continue our plans to expand the event but we also recognize the need for community safety right now. After we surveyed our endorsers, we believed

it was the best course of action to postpone the event until the second quarter of 2021. Despite this adversity, we'll continue the Blue Chip program, and we're honored to be part of this collaboration with local organizations as well. It's a 'win-win' for businesses and future honorees,

In keeping with its founding principles, the Blue Chip program will recognize small business owners who have overcome adversity to achieve success. Thriving for-profit companies with their primary office located in Charlotte, Collier or Lee County may apply. Eligible businesses must have been in continuous operation for at least three years under the same ownership and have five to 400 payroll employees. Registration for the event will remain free.

Additional details about the event, including the new location and time as well as information about applications for the Southwest Florida Blue Chip Community Business Award are forthcoming.

For information about the Blue Chip Award program, contact Scott Gregory at spgregory@mcgriffinsurance.com.



## Valentine



by Di Saggau

Praise for Valentine by Elizabeth Wetmore has been extremely favorable. For example, here's what Elizabeth Gilbert, author of City of Girls, one of my favorite novels, has to say.

"It is nearly impossible for me to believe that Elizabeth Wetmore is a first-time novelist. How can a writer burst out of the gate with this much firepower and skill? Valentine is brilliant, sharp, tightly wound and devastating. Wetmore has ripped the brutal, epic landscape of West Texas out of the hands of men and has handed the stories over (finally) to the girls and women who have always suffered, survived and made their mark in such a hostile world." That alone shouts "better read it."

The novel explores the lingering effects of a brutal crime on the women of one small Texas oil town in the 1970s. Odessa is on the cusp of the next great oil boom. The men embrace the coming prosperity, and the women know and fear the violence that is sure to follow.

Early morning on Valentine's Day, 14-year-old Gloria Ramirez, who was beaten and raped, shows up on the front porch of Mary Rose Whitehead's ranch house, barely alive. While her assailant,

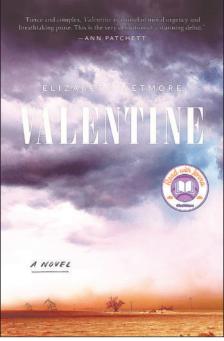


image provided

Dale Strickland, is sleeping off the night's brutality in his truck, Ramirez manages to creep away across the Texas desert barefoot, before he wakes up and kills her.

Whitehead is a pregnant ranch wife alone with her daughter while her husband is away. After finding Gloria, and then seeing Strickland's truck zooming toward her house, she reaches for her rifle. Strickland is from a well-respected family, and Gloria is a young Mexican girl and the small town is racist.

Valentine is about how women without

much education or money negotiate a culture of masculine brutality. Wetmore does not spare details in her portrayal of this town's moral standards. She carefully sketches out a complex network of females and how they absorb, ignore, justify and resist this assault against a young woman. Valentine is a thrilling and thoughtful novel.

# School Smart



by Shelley M. Greggs, NCSP

ear Readers, Problemsolving skills are very important for children to learn. Knowing that they have the ability to solve problems gives children (and

adults) increased self-confidence and self-esteem as well as increased critical thinking skills. Learning how to face one's problems is a powerful stimulus for intellectual growth. Over the next few weeks, I will be sharing some great strategies for parents to use to teach problem-solving skills to their children from www.biglifejournal.com so that you can help your children learn these important skills.

Playing offers your child lots of problem-solving opportunities. Finding a lost toy, choosing someone to play with, deciding who gets to go first – these are all moments of practice. Unstructured play, or free play, is particularly impactful. Without set guidelines, children have the freedom to create, discover and establish their own rules.

Here are a few ideas to suggest for unstructured play: include all types of artwork, crafts, sewing. Another example of unstructured play includes imaginative games like dress-up, building with boxes, pillows and blankets, and making music with pots and pans. Outdoor playtime collecting bugs and rocks, stargazing and climbing are also great unstructured activities.

Reduce structured activities if you need to make time for unstructured play and don't be afraid to let your child get bored. Boredom spurs on creativity and imagination.

Encourage flexible thinking. Many children struggle with rigid, inflexible thinking and have difficulty going with the flow, taking another's perspective, or shifting their attention. Building cognitive flexibility should begin early in life and will help them be more flexible. When children know there are choices and options from a young age, they begin to see all the possibilities.

Strategies to introduce flexible thinking into your child's life could include changing the daily routine in a small way or giving them a chance to choose between two things. Use brainstorm techniques to help solve simple family issues.

Children learn best when they see the adults in their lives thinking flexibly as well. So, the next time something doesn't go as planned, give your internal thoughts a voice and speak to the issue. It could be as simple as saying, "I forgot to buy bread so we will have to have soup for lunch," to a more significant issue about family situations or work.

Another very important strategy to help children build problem-solving skills is to teach them that it is OK to make a mistake. Children who fear making mistakes or failing are less likely to tackle their own problems and would rather not try than risk embarrassment, or negative feelings that come with making a mistake or failing.

As parents, it's critical that we teach our children that success includes making mistakes. Talk with your child about how making mistakes give us an opportunity for learning. Here is one way to discuss this topic. Simply ask them if they have made any mistakes across the day, how they felt about it and what they learned from it. Share what mistakes you made as well and your own learnings. Praise them for trying to do something and for realizing that they have learned something new from their mistakes.

It's easy to fall into the trap of fixing our children's problems. It's quite normal to want to shield them from hurt and struggle and, sometimes, it's just so much easier to do it ourselves. But don't rush in. Give your children the chance to learn how to handle failure. It's important.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

### From page 1

### Alliance

(Fitchburg, Massachusetts), Whitney Hackett (Fort Myers), Chloe Lewis (New York, New York), Alexander Martin (Peoria, Illinois), Lebrie Rich (Portland, Oregon) and Asser Saint-Val (Miami).

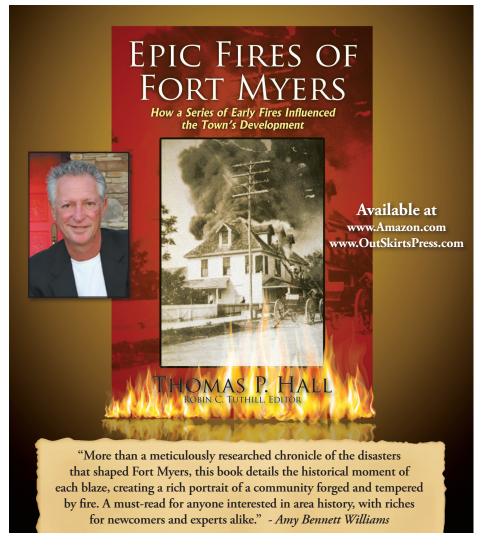
Each of the artists in the exhibition expertly articulates broad concepts centered around play using media ranging from animation to inflatable sculpture to beading.

This exhibition is funded through the City of Fort Myers Arts and Culture Grant program.

The Alliance will also present a series of online artist talks throughout the exhibit. These behind-the-scenes looks offer unique insight into each artist's inspiration, process and the context behind the work. Be part of the conversation, express your thoughts and ideas or simply sit back and enjoy the discussion. Pre-registration is required at www.artinlee.org/artisttalks.

While gallery admission and scheduled artist talks are free, a \$5 suggested donation sustains the future of arts in Southwest Florida.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information about the exhibit, visit www.artinlee.org/playswell or call 939-2787.



Life Insurance

# The Need To Replace A Term Policy



J. Brendan Ryan, CLU, ChFC, MSFS

think it is valuable every so often to I present a case study involving a life insurance policy that may not be doing its intended job anymore or that has become - or is about to become

 too expensive. Sometimes better designed policies should be considered.

I believe that people close to the age and sex of the client in a given case study can interpolate or extrapolate and thus approximate if the case study can apply to a question or a problem that they have.

I recently received a call from a reader who, at age 68, wanted to review and evaluate his term policy that he got back in the 1970s.

I remember those policies. They were fairly priced one-year renewable policies. The premium went up every year with modest steps in early years and bigger and bigger steps as the insured grew older. There were no huge steps in price, and they were designed to allow people to keep their insurance for decades.

Compare that to today's common term policies. These policies have a low, level premium for a set number or years. At the end of that initial period, the premium takes annual leaps, eventually to horrendous levels. These are designed to provide protection at a modest cost in the early years when there is little chance of the insured dying. Then later, when the risk of dying increases, the premium increases to unaffordable levels, forcing the client to drop the policy when the risk of dying has never been greater.

But even the 1970s policy was not adequate for the long haul because it was just term insurance with escalating premiums that eventually became too expensive. Only three percent of term policies ever pays off. They are dropped before most people die.

Back to the case study. He had a \$150,000 term policy from the 1970s that cost \$2,300 per year at the present time. Again, that premium will increase every year until it is unaffordable. probably in about 10 years. And he will probably be alive long after that.

Since he is healthy and thus insurable, I can write a new  $$150,\!000$  term policy for \$1,800 per year, which will not increase for 10 years. In the 11th year, it goes to \$17,000, the next year \$20,000, and so on.

He does not want to have to drop the coverage in 10 years. He wants it to be a financial legacy for his family. And he cannot count on dying within 10 years.

So he decided that the only reasonable choice was a universal life policy, wherein the death benefit and the premium stay the same for life. That way he can be assured that the legacy will be passed on at his death.

And he chose to include a long-term care rider, which makes the whole death benefit of \$150,000 available to cover his nursing home and home healthcare costs if the need arises. (Every dollar used for this purpose reduces the death benefit dollar-for-dollar.) This carries a level annual cost of \$3,600.

In summary, by spending a little more money now, he can be assured of leaving a legacy for his family, however long he lives, at an affordable cost.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at ibrvanclu@aol.com.☆

# **Presentations** Benefit Marine Science Nonprofit

he Ostego Bay Foundation is offering a presentation titled Treasures From The Sea at its Marine Science Center on Saturdays from 10 a.m. to noon. The two-hour event, which includes a take-away field guide, features hands-on demonstrations, touch tank experience, cleaning shells,

Registration is required, and participation is limited following CDC guidelines. Requested donation is \$15 per adult and \$8 for children ages 5 to 17. Proceeds benefit the Ostego Bay Foundation, Inc.

Malacology is the branch of invertebrate zoology that deals with the study of the Mollusca (mollusks or molluscs), the second-largest phylum of animals in terms of described species after the arthropods with conchology being the study of their shells.

Discover the amazing lifestyles of seashells, sea urchins, sea stars, sea horses and sand dollars. See how marine treasures found in Estero Bay and on Lovers Key play a role in nature and how they adapt to our unique environment.

Ostego Bay Foundation Marine Science Center is located at 718 Fisherman's Wharf on San Carlos Island. For more information, call 765-8101 or visit www.ostegobay.org.☆

# Lee County Jury Trials To Resume

**T**ith new safety measures in place at the courthouse, the Florida Supreme Court has given approval for jury trials to resume in Lee County. The Lee Clerk of Courts has been directed to begin reissuing juror summons for trials scheduled to begin on Tuesday, September 14.

To ensure the safety of all courthouse visitors and staff, jurors will undergo the CDC-recommended mandatory health screenings upon entry to the courthouse. Temperatures are checked at security checkpoints, and face coverings are required while inside the building. Common areas are continuously cleaned, hand sanitizer stations are located throughout the building, and social distancing is enforced.

"If you are selected to serve as juror, please be assured that your health and well-being remain our first priority," said Lee County Clerk of Courts Linda Doggett. "Jurors will be processed efficiently with all social distancing requirements being followed throughout their service.'

If you have any questions regarding jury duty in Lee County, visit www. leeclerk.org/jury or call 533-2929.☼

# University **Promotes** Network Engineer

asey McKnew 'has been promoted to director of information technology (IT) at Hodges University.

In his new role, McKnew leads the support and administration of all facets of the information



Casey McKnew

technology infrastructure for the university. This includes the servers, workstations, networks, classroom technologies, data centers and telecommunications systems.

McKnew brings over 22 years of professional experience in IT. He joined Hodges University in 2013 as the lead network engineer and assistant director of IT. He earned his associate of science degree in computer information systems from Hodges University and holds professional certifications in CompTIA Security+, CompTIA Network+ and CompTIA A+.

McKnew is a member of the Association of Information Technology Professionals and the Institute of Electrical and Electronics Engineers.

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by Craig R. Hersch Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA & Island Sun Columnist

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# Who Can Serve As Your Personal Representative?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Tames," a widower, sat in my office as we prepared his will together. "My sons don't have the time or expertise to serve as my executor, so I'd like to name my friend, Oliver, in that role.

'So, Oliver isn't related to you?" I asked.

"No," James replied.

"Where does Oliver live?" I asked.
"In Atlanta," James said.
"Unfortunately, he won't qualify to serve under Florida law," I advised. You can name a friend, but they must be residents of

Florida at the time of your death in order to qualify as your personal representative, which is what we call an executor here.

"What about my nephew, Hector?" James asked. "Does he have to be a resident of Florida to qualify?

"No," I answered. "A nephew will qualify no matter where he lives."

"Even if he lives in Costa Rica?"

'Yes, even if he lives in Costa Rica," I laughed. "Is that where Hector lives?"

"He enjoys it there, and he got in some trouble here, so that's why he moved there,"

"What kind of trouble?" I asked.

"It's kind of a long story, and he's a good kid, but he has a record now."

"If he's a convicted felon, he won't qualify as your personal representative," I said.

"This is getting harder than I thought," James said, rubbing his chin.

Florida law is fairly open with who can serve as the personal representative of your probate estate under your will. Any Florida resident will qualify, no matter the relationship to you. Certain relatives will always qualify so long as they haven't been convicted of a

felony, or are mentally or physically unable to perform the duties.

Those relatives include any child or legally adopted child, someone related by lineal consanguinity to you, a spouse, or a brother, sister, uncle, aunt, nephew or niece, or anyone related by lineal consanguinity to any such person. Moreover, a spouse of a person who would otherwise qualify may also serve as a personal representative. Consanguinity means "blood relation" and is defined as the quality of being descended from the same ancestor as another person.

So, under Florida law, your nephew's spouse who lives in Singapore will qualify as

your personal representative but your best friend from Ohio will not.

A personal representative has broad powers relating to the assets of the estate. They can sell homes, liquidate investments, and change the bank and investment accounts into their name as the personal representative of the estate during the course of the administration. This makes it easy to abscond with the assets, leaving the decedent's creditors, beneficiaries and taxing authorities holding the proverbial empty bag.

The theory behind Florida law is that a Florida resident would be subject to the jurisdiction of the Florida courts, and if they were to commit any fraud, they would have to answer to the court. As far as relatives, I suppose the theory is that a decedent has a right to name a family member (who is related either by blood or marriage) to serve in this important role.

Most wills indicate that the "personal representative shall serve without bond." Probate courts, however, are free to impose a bond on personal representatives, and frequently do. The size of the bond is usually relative to the size of the estate under administration. A \$200,000 bond may cost the estate \$300 or so annually, but this bond protects the creditors and beneficiaries from a dishonest personal representative.

When you move from another state to Florida, this is another reason to update your legal documents. The parties you may have named in your former home state may not qualify to serve here.

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## Bank Hires Loan Coordinator

arrie Muchler has joined **'**Sanibel Captiva Community Bank as a loan coordinator in the bank's residential lending division at the Bridge Branch, located at 9311 College Parkway. She is responsible for supporting residential loan



**Carrie Muchler** 

officers in assisting customers with residential loans, including conventional and construction loans.

Muchler has over 20 years of experience in various industries, including finance, loss mitigation, accounting and sales. A Southwest Florida resident since 1989, she has been an active Optimist Club of Fort Myers volunteer for nearly three decades.

# Lee Coalition Releases Data On Homelessness

he Lee County Homeless Coalition, an advocacy group made up of individual stakeholders and agencies who are engaged to ensure that homelessness is rare, brief and one-time, recently reported its annual Point in Time (PIT) census to count the homeless and provide data to the U.S. Department of Housing and Urban Development (HUD).

The PIT count is also used to gather information that allows local service providers to target services to meet the specific needs of the homeless in local communities. The coalition represents

the Continuum of Care, a local planning body that coordinates housing and human services funding for homeless families and

The PIT count, which asked people where they slept the night of January 21, 2020, included both sheltered and unsheltered homeless individuals and families. The PIT count documented 444 homeless persons, of whom 93 (20.94 percent) were chronically homeless according to the HUD definition. HUD defines chronic homelessness as "an unaccompanied adult homeless individual with a disabling condition who has either continuously been homeless for a year or more or has had at least four episodes of homelessness in the past three years.

Among the 444 persons surveyed, 39.41 percent reported having a disabling condition. Also, among the 444 were 34 families with 76 children. Veterans made up 3.82 percent of those surveyed. Data obtained through the Lee County Homeless Management Information System (HMIS) and PIT count found that during the year, there were an estimated 2,714 people experiencing homelessness in Lee County.

Housing and service programs for the homeless are provided in part through Continuum of Care funds from HUD. The 2019 Continuum of Care funding announcements were made in March 2020. Lee County was awarded funding to sustain existing programs and begin new programs that provide housing and services to persons experiencing homelessness. These programs are operated by Lee County Human and Veterans Services, Community Assisted and Supported Living, Lee County Housing Development Corporation, Jewish Family and Children Services, Saint Vincent de Paul, Goodwill Industries of SWFL and The Salvation Army. The total awarded amount was \$1,825,537.

The Lee County Homeless Coalition thanks the volunteers who assisted with

this year's PIT count.な

# Virtual Candidate Forums For The 2020 Elections

he League of Women Voters of Lee County, in partnership with the Alliance for the Arts, will present virtual candidate forums for the November 3 election. Virtual candidate forums are available to the public, for free, by visiting www.lwvlee.org, vote411.org and www. artinlee.org/virtualforums.

Questions for the forums for Bonita Springs mayor and Bonita Springs Districts 2, 4, 6, Fort Myers Ward 2 and the Lee Memorial Health Board Districts 1, 3, and 5 may be submitted by September 11 by email to voterservice@lwvlee.org. The League of Women Voters will screen and select questions based on league criteria.

Questions should be specific to the race, relevant to the scope and responsibility of the office and applicable to all candidates in the race.

Voter Guides in English and Spanish by the League of Women Voters of Florida will be distributed through organizations in Lee County. To request guides for distribution organizations, email lwvlee@ lwvlee.org or call 278-1032. The Voter Guide will be available on www.lwvlee.org, www.lwvfl.org and www.vote411.org.

October 5 is the deadline to register to vote in Florida. Registered voters should immediately request a Vote-by-Mail Ballot. Vote-by-Mail ballots will be mailed to voters about 35 days before the election, and the ballots must be received by election day.

Voters should contact the Lee County Supervisor of Elections at 533-8683 or www.lee.vote for voting and registration information, and to verify sites and times for secure drop boxes and voting.☆

From page 1

## **Edison Awards**

from all over the world are honored with an Edison Award, ranging from small start-ups to Fortune 500 companies. General Electric, IBM, Cisco and Lockheed Martin Corp. are just a few of the notable past Edison Award winners. In addition, one or more individuals is presented with the Edison Achievement Award each year for their significant and lasting contribution to the world of innovation through their career, leadership and achievements. Elon Musk of Tesla Motors and SpaceX, Steve Jobs of Apple, Ted Turner of Time Warner, and Martha Stewart of MSL Omnimedia are a few of the past

'We are proud to host the prestigious Edison Awards and hope attendees can draw inspiration and historical context from visiting our city," said Mayor Randy

By connecting with more than 7,000

companies from around the world during each nomination season, the Edison Awards are on the cutting edge of identifying emerging trends and market developments. Nominations receive an unbiased, high-powered focus group review by the Edison Awards Steering Committee comprised of hand-picked industry experts from a spectrum of disciplines.

Commissioner Ray Sandelli, the county's liaison to the Horizon Council, said, "Lee County welcomes the Edison Awards to our community, highlighting our legacy of entrepreneurship and innovation. This partnership exemplifies the business, cultural and civic initiative that makes our county a destination for forward-thinking visitors and residents from around the world, building on our vibrant community. We consider this an amazing opportunity to recognize Lee County's past through the works of Thomas Edison and his contribution to the United States economy, by celebrating present innovators at the Edison Awards."

**Superior Interiors** 

# Classic Blue Is The Pantone Color Of The Year



by Trinette Nelson

ach year, ■ Pantone releases their highly anticipated Color of the Year. This year, classic blue has been chosen the best annual hue. Its deep, dreamy shade is serving as inspiration

for many homeowners and design professionals.

If you're looking to incorporate this popular color into your home this year, here are some tips to keep in mind:

Use it as an accent. Classic blue is one of the darker, duskier shades of blue, which makes it an ideal accent color. Because it is of a deeper hue, you may not want to paint an entire room this color. Instead, consider using it to draw your eye to a specific location. For instance, painting one wall in the bedroom is a great way to incorporate this elegant color without making a room feel too dark.

Similarly, you can easily add classic blue into the accessories around the home, from throw pillows and blankets to curtains and rugs. The best thing about blue is that it complements many colors and styles. No matter if you're trying to achieve a beach, classic or modern theme, this shade of blue can be seamlessly incorporated into your existing style.

Where does blue work best? Different shades of blue can be added to any room of your choosing, but this deep hue lends itself best to be incorporated in living spaces like your main room and bedrooms. Classic blue is a calming and peaceful color and can make your space feel both inviting and tranquil. Your guests will feel relaxed by adding these accents in your living room, but using this color in your bedroom can instantly calm your mind when you need to sleep or relax.

Paint for permanence, accessorize for fun. When it comes to incorporating classic blue in your home, it's up to you where and how you want to use it. If you're ready for a big change in one of your spaces, painting with blue can make a statement

and instantly transform a room. If this is the case, complementing classic blue with white accessories and furniture is a great way to modernize and refresh an outdated space.

If you like to change up the decor in your home often or with the seasons, incorporating blue with accessories is likely better suited to your preference. Don't hesitate to mix and match shades of blue accessories while using the Pantone Color of the Year as inspiration. Lighter hues complement the dark shades for a visually pleasing combination of accessories.

Of course, you can also incorporate classic blue in your furniture. From a statement lounge chair with a bold print to a family sectional in a cozy solid, these pieces will be both functional and eye-catching when upholstered with this elegant shade of blue.

Incorporating such a deep and dreamy color in your home may feel intimidating if you're not sure about where it would be best suited. Before taking the leap and purchasing the paint, it's best to call in some professional assistance to create a clear plan. An expert in color and design can help you tastefully incorporate this popular shade in your home.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at trinette@coindecden.com.\$

# The Future Of **Public Schools**

he Real Estate Investment Society (REIS) will present a special program on the future of public education in the community in a live, online program on Tuesday, September 8 at noon. Adam Molloy, coordinator of community engagement for the School District of Lee County, will be the guest speaker.

Molloy will explain school expansion plans, coping with COVID-19 and the Community School Study, which is currently underway. Following his presentation, he will respond to questions submitted by those attending.

The program is sponsored by Midland

Trust. There is no charge for the presentation, but registration is required at https://app.livestorm.co/midland-trust/ reis-virtual-lunch-meeting-september. Registrants will receive a link to the program via email, one hour prior to the presentation.

For more information, visit www. reis-swfl.org.☆

# Pay It Forward Program Provides Double Benefits

ive employees of Lee County Electric Cooperative were recently recognized through a "500 Club" zoom celebration this month for having donated 500-plus volunteer hours over

Gary Avin, Nancy Miller, Dana Nicloy, Nicky Sierra and Aaron Warner donated their time to: United Way of Lee, Collier, Hendry, Glades and Okeechobee Counties; Parker's Rainbow Bridge Animal Rescue; McGregor Clinic; Odyssey of the Mind; Calendar Girls; Guns N' Hoses; Healthy Kidz of Tomorrow; Valerie's House; Alliance for the Arts; and Lee Health Foundation.

During the annual LCEC 500 Club celebrations, a drawing is held, and LCEC donates \$500 to the 500 Club winner's favorite charity. This year's winner asked that the \$500 be divided evenly between all five club members.

In an effort to support its employees' passion for philanthropy, LCEC designed the Pay It Forward Program in 2016 to encourage volunteerism and support employees' efforts to give to their favorite qualifying non-profit organization. In essence, employees who volunteer and track volunteer hours can earn Pay It Forward donation dollars to be awarded to a 501 (c)(3)

charity of choice. LCEC employees who volunteer between 50 to 100 hours in the community can designate a not-for-profit organization to receive up to a \$100 donation. Each year since the program's inception, several LCEC employees have surpassed the annual 500-plus hour mark of community service.

LCEC could not be prouder of its employees who continue to energize the community through their passion for giving back.☼

# Bank Hires Service Rep

**Z**erry DeLeon has joined Sanibel Captiva Community Bank as a customer service representative and teller at the Gateway Branch. She is responsible for assisting customers with personal and business banking transactions.



Kerry DeLeon

Prior to joining the bank, DeLeon was employed by a local community bank and credit union as a customer service representative. DeLeon also has previous experience in office administration and the hospitality industry.☼

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# **Help SCCF Bring Back the Barn Owls**

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Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



# Frankly Speaking



by Howard Prager

ocial justice and sports. Throughout modern history, certain athletes and now certain leagues - have taken a stand, such as happening today. The Milwaukee Bucks

decided to postpone their playoff game last Wednesday night after the shooting of Jacob Blake in nearby Kenosha. This was followed by many others doing the same in the NBA, WNBA, MSL MLB, NHL, NFL and even tennis. The NBA and WNBA have taken the most public stands on Black Lives Matter after the death of George Floyd. The shooting of Jacob Blake stoked the flames of possible injustice and, whether we agree with it or not, athletes want to exercise their platform, popularity and pocketbooks to make a statement that this is not acceptable. They are so frustrated in not knowing what to do that LeBron James and Chris Paul consulted former President Obama for advice. He advised them to finish the postseason. Which the NBA and most other leagues did on Friday.

The list of postponed games could fill this column. Several MLB games were cancelled Wednesday night and even more on Thursday. In a powerful moment Thursday in New York at Citi Field where the Mets and Marlins were to play, the Mets defense took the field and then the remaining players for both teams came out of their dugouts for a moment of silence which lasted 42 seconds (Jackie Robinson's number). One player left a Black Lives Matter T-shirt at home plate, and then they all walked off the field.

Nine NFL teams canceled practice Thursday to focus on conversations about race, letting players and coaches to weigh in on what they can do to effect change. Pete Carroll, coach of the Seahawks, exhorted fellow coaches to step up on this issue.

Five MLS games Wednesday night were postponed. "The entire Major League Soccer family unequivocally condemns racism and has always stood for equality, but we need to do more to take tangible steps to impact change. We will continue to work with our players, our clubs and the broader soccer community to harness our collective power to fight for equality and social justice."

Tennis superstar Naomi Osaka was in tears about racial justice and announced Wednesday that she would not play in the Western & Southern Open semifinals at the moment, and they paused tournament play on Wednesday

and Thursday, resuming on Friday. The NHL's Stanley Cup Playoffs continued Wednesday with two games. However, the league opted to postpone two games scheduled for Thursday and two for Friday. "Black and Brown communities continue to face real,

painful experiences. The NHL and NHLPA recognize that much work remains to be done before we can play an appropriate role in a discussion centered on diversity, inclusion and social justice." Before the start of Game 3 of the second-round series between Tampa Bay Lightning and Boston Bruins on Wednesday, there was a moment of reflection for racism in response to the Blake shooting.

That's a lot of attention, reflection and pause by every major league. We are living in unprecedented times in this regard. I looked back to previous times when it was only individual athletes who took a stand on this issue, most recently Colin Kaepernick. Muhammad Ali took a stand as a conscientious objector to the Vietnam War in 1967. Ali, then 25 years old and already a heavyweight champion, was arrested, convicted and appealed all the way to the Supreme Court. His license to box was suspended for three years and his title stripped at the height of his career. As a result, Ali was unable to box in the U.S. for the next three years.

Peter Dreier shared this early story of Jackie Robinson in The American Prospect last year on the 100th anniversary of his birth. "On July 6, 1944, Robinson – a 25-year old Army lieutenant – boarded a military bus at Fort Hood, Texas with the light-skinned wife of another black officer and sat down next to her in the middle of the vehicle. 'Hev you, sittin' beside that woman,' the driver yelled. 'Get to the back of the bus.' Robinson refused, knowing that buses had been officially desegregated on military bases. When the driver threatened to have him arrested, Robinson shook his finger in the driver's face and told him, 'quit f\*\*\*ing with me.' Two military policemen arrived and escorted Robinson away. He faced trumped-up charges of insubordination, disturbing the peace, drunkenness, conduct unbecoming an officer, insulting a civilian woman and refusing to obey the lawful orders of a superior officer. Unlike the routine mistreatment of many black soldiers in the Jim Crow military, Robinson's court-martial trial triggered news stories in the Negro press and protests by the NAACP. Voting by secret ballot, the nine military judges found Robinson not guilty. By November, he was honorably discharged from the Army. Describing the ordeal, Robinson later wrote, 'It was a small victory, for I had learned that I was in two wars, one against the foreign enemy, the other against prejudice at home." Robinson viewed his sports celebrity as a platform from which to challenge racism.

Other baseball players have stood out for social justice, most noticeably Roberto Clemente, who was killed on a relief flight to earthquake-ravaged Nicaragua in 1972. He followed Robinson's example of speaking out on political and social issues. When Martin Luther King Jr. was assassinated on April 4, 1968, Clemente and his Pittsburgh Pirates teammates voted to sit out the opening game after Commissioner William Eckert left it to teams to decide whether to play

or cancel games on the day of King's funeral five days later. "We are doing this because we white and black players respect what Dr. King has done for mankind," players said in statement. After players on other teams followed the Pirates' lead, Eckert announced that the season openers would be held the day after King's funeral.

Hitler hosted the 1936 Berlin Olympics to prove Aryan superiority. Instead, it was America's Black athletes, led by Jesse Owens (four gold medals), Chicagoan Ralph Metcalfe (a gold and a silver), and Mack Robinson (Jackie's older brother with a silver medal) that showed excellence. In the 1968 Olympics during their medal ceremony in Mexico City, two African-American athletes, Tommie Smith and John Carlos, each raised a black-gloved fist during the playing of the U.S. national anthem. Smith, Carlos and Australian

silver medalist Peter Norman all wore human-rights badges on their jackets. In his autobiography, Silent Gesture, Smith stated that the gesture was not a "Black Power" salute per se, but rather a "human rights" salute.

What's going on today is not unprecedented. The number of leagues, teams and players who want to make their voices heard is what's different. At the time of Smith, Carlos and Ali's stand, they were all seen as radical moves. In hindsight, maybe they weren't. How will history look at what's happening today? Will we have racial justice? Only time will tell.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews. com.₩

## Support Bill To End Shark Fin Trade

he U.S. House passed the bill S.877: Shark Fin Sales Elimination Act in November of 2019 and Sanibel-Captiva Conservation Foundation (SCCF) urges residents to make sure the Senate passes it this session.

Sharks are threatened globally and this bill will help close another door to the unsustainable international fin trade.

Sharks are disappearing at an alarming rate. Every year, between 63 million and as many as 273 million sharks are killed globally, mostly for their fins. Killing sharks for their fins is shortsighted, as sharks are worth far more to our economies alive than dead.

The exportation of shark fins accounts for only an annual contribution of about \$600,000 to the nation's economy, yet many of these fisheries are unsustainable and threaten the entire shark ecotourism and recreational fishing industries.

Florida has the world's largest recreational fishing economy - tag-andrelease of sharks is an important draw for anglers in the state. Without healthy shark populations, other important fish species will fall out of balance. Protecting shark populations is the right thing to do for the economy and the environment.

The argument that the removal of U.S. shark fins from the market will lead to further exploitation of more vulnerable populations is an opinion held by only a small number of shark scientists/ conservationists. The U.S. can be and is a leader on global fisheries management, and the exit of the U.S. from the global shark fin trade will serve as a shining example that many other nations will follow. The potential effect of this kind of leadership renders irrelevant the argument that a U.S. exit would be bad for global sharks.

Florida has become the U.S. center for the shark fin trade, and the economy depends on live sharks. Shark-related tourism (diving) accounts for an annual contribution of \$221 million in Florida. A recent study has shown that 71 percent of divers are willing to pay higher fees in order to observe sharks in the wild. The sale of shark fins accounts for only an annual contribution of about \$340,000 to the local economy, yet many of these fisheries are unsustainable and threaten the entire shark ecotourism industry in the state.

Visit https://p2a.co/SzV4nQd to send an email to your senator.☆

### **SPORTS QUIZ**

- 1. What caused Chicago Cubs slugger Sammy Sosa to spend time on the disabled list with a sprained lower back ligament in 2004?
- What sports video game, published by Nintendo in 1987, included athletes named Glass Joe, Soda Popinski, Don Flamenco and King Hippo?
- What sportscaster was "traded" from Disney's ESPN/ABC to NBC Sports in 2003 for intellectual property rights to cartoon character Oswald the Lucky
- 4. In 2004, businessman Bill Davidson became the first owner in American sports history to have two championship teams in the same calendar year. What were
- The 1988 NFC Divisional Playoff game between the Philadelphia Eagles and the Chicago Bears at Soldier Field is popularly known by what moniker?
- What Miami Hurricanes defensive back broke up a Nebraska Cornhuskers two-point conversion pass attempt to seal the 31-30 upset win for Miami in the 1984 Orange Bowl?
- What dominant Russian wrestler did American Rulon Gardner beat to win the Greco-Roman gold medal at the 2000 Sydney Summer Olympics?

### ANSWERS

1. Violent sneezing. 2. "Milke Tyson's Punch-Out!!". 3. Al Michaels. 4. The Detroit Pistons and Tampa Bay Lightning. 5. The Fog Bowl. 6. Kenny Calhoun. 7. Aleksandr Karelin.

# Hand Sanitizers: What To Buy And What To Avoid



by Suzy Cohen, RPh

ear **Readers:** As the country has opened up these past few months, I find myself carrying hand sanitizer with me. Hand sanitizers

are a must if you travel because they quickly eliminate 99.9 percent of germs (at least the ones tested), and you can carry these in your purse, or

pocket, and keep in the car.

With the pandemic this year, hand sanitizers became instantly essential. A lot of sanitizers are capable of destroying certain pneumonia and influenza strains, Escherichia coli (E. coli) and methicillinresistant Staphylococcus aureus (MRSA) in seconds.

There's a reason sanitizers sell like hotcakes, but please be careful because some opportunistic business folks are now making a killing at your expense. They're formulating toxic garbage at home, and then selling it online to people. You cannot trust everything available right now. On August 27, the Food and Drug

Administration issued a new warning to consumers to make sure that we do not buy or use any hand sanitizers that contain "methanol" or "1-propanol."

Today, I'll list some of the safest commercial hand sanitizers on the market. Some of them are sprays, others are wipes, and so on. I've based my list below on the famous organization called EWG Skin Deep. They have a website by that name too. As to where you can purchase any of these, I'd suggest looking online, or asking your local health food store manager. Here are my favorites:

Hero Wipes - These have alcohol and aloe in them, plus more. Each wipe is individually wrapped in a pouch to keep it sterile. They are pretty resilient if you are vigorous with them.

Elyptol Antimicrobial Hand Sanitizer - These come in wipes, gel and spray, so you can pick.

As you may have guessed from its name, the product boasts the use of natural eucalyptus, which reduces risk of contact dermatitis and provides a broad range of 'kill' properties.

Everyone Peppermint Citrus Hand Sanitizer — There are other scents aside from that one, but this brand offers another option utilizing alcohol (derived from non-GMO sugar cane), with aloe and glycerin so it won't feel as drying.

Organic to Green Lavender Lemon This contains some alcohol along with glycerin, organic coconut, lavender and lemon peel oil. When I read the natural, but powerful ingredient list, I was jealous I hadn't thought of this formula myself, lol.

Dr. Bronner's Lavender Hand Sanitizer - Another awesome product that is sold widely in health food stores, this brand utilizes the strength of Fair Trade ethanol

along with organic peppermint oil and

EO Hand Sanitizer Spray or Wipes – This is an easy-to-find brand that is great because it uses alcohol (sourced from non-GMO sugar cane), plus lavender essential oil, Echinacea herb (an antibacterial) and some glycerin.

Grove Collaborative Blood Orange Sanitizer – This product utilizes ethanol plus aloe, orange oil, coconut and sunflower seed oil, plus jojoba. This is an awesome combination, and one that will leave your hands feeling nourished. It also comes in lavender.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. 

# Lee Hospitals Earn High Ratings

ee Memorial Hospital and Gulf Coast Medical Center earned recognition as a 2020 Best Regional Hospital, ranking No. 15 in Florida out of 251 hospitals evaluated by U.S. News & World Report. The hospitals (combined) earned "High Performance" ratings in four medical procedures and conditions, including chronic obstructive pulmonary disease (COPD), heart failure, hip replacement and knee replacement.

Additionally, Lee Memorial and HealthPark Medical Center, which share the ranking because they share a Medicare license, earned High Performance ratings in lung cancer surgery and heart bypass surgery, and Gulf Coast Medical Center in colon cancer surgery. Cape Coral Hospital earned High Performance ratings in COPD and heart failure.

This recognition from U.S. News & World Report is an endorsement that our hard work and dedication to continuously provide the highest quality, leading-edge, collaborative, patient-centered care is paying off," said Larry Antonucci, MD, MBA, Lee Health president and CEO. "As we continue to transform our processes and care delivery, we will look to our 'high performing' areas for continued inspiration and leadership.'

The annual U.S. News "Best Hospitals" analysis reviews facilities' performance in clinical specialties, conditions and procedures. Scores are based on several factors, including patient safety, survival and nurse staffing. Hospitals are ranked nationally and regionally within states and major metro areas.

The annual ratings in procedures and conditions focus on Medicare patients. U.S. News profiles and evaluates every hospital in the American Hospital Association's Annual Survey Database. In 2020, U.S. News evaluated data on nearly 5,000 hospitals, nearly all inpatient facilities in the country, in 16 adult specialties, 10 adult procedures and conditions and 10 pediatric specialties. Only 10 to 20 percent of hospitals earned high performance ratings in each of the specialties, procedures and conditions evaluated.☆

**Doctor and Dietician** 

# Five Practices To Be The Best Version Of You





by Ross Hauser, MD and Marion Hauser, MS, RD

he things you do shape you into becoming the person you are today. This begs the question, "Are your habits filling you with wisdom, compassion for others and joy?" If most of us are honest, there are things in our lives that we would like to change. The good news is that the year 2020 is more than half over. And, the other good news is that it is never too late to make changes. This process takes time, and we all face "giants" in our lives that can get in the way and cause us to self-destruct, sometimes without even realizing it.

Here are some things to think about: Care about what God thinks versus what other people think. Are you a "people-pleaser?" Do you want everyone to like you? Are you afraid of disagreements? The mindset of pleasing others can lead to exhaustion and a

feeling of never being good enough. Pray for wisdom in each situation.

Build others up instead of tearing them down. Different and unique people and ways of thinking are part of what makes this a great country. Let's not be so quick to judge, criticize and label others just because we have differing opinions. Eliminate what gives you negative energy. Avoid criticizing others by not making assumptions and realize "it's not about you." Take a moment to walk in their shoes.

Speak positively to yourself instead of beating yourself up. Do you wake up and say things such as, "I am so fat, I'll never lose weight," or "I'm so stupid, I could never do that task." Or any version of "I can't...?" We can be our own worst enemies. Silence your inner critic and start looking at the miraculous unique creation that you are – totally loved by God and most likely many others as well.

As Nike says, "just do it!" If you are a perfectionist, you may also be a procrastinator – which really is just self-sabotage. You are never too young or too old to become all that God wants you to be. Ask for wisdom, set goals that are manageable and enlist an accountability

Embrace change, even if it may involve failure - or for that matter success. Fear only holds us back.

Take action. The time is now. This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@ 

# **Donation Helps** Young Patien'ts Stay Engaged

ospital stays can leave patients feeling bored and disconnected I from friends and family. During a pandemic, when visitation hours are limited or highly restricted for safety precautions, these feelings are escalated. Children's hospitals must find creative ways to keep their young patients engaged and positive, as well as connected with their support systems who cannot be bedside or even with them in the playrooms available on campuses like Golisano Children's Hospital.

Golisano Children's Hospital recently caught the attention of a new Naples resident, Lee Rosenbluth. Rosenbluth is founder of Bringing the Outside World Inside Foundation (BOWI Foundation), established to provide hospitalized children with the ability to communicate with the outside world.

After research into Golisano Children's Hospital and learning of its focus on providing children and families with a facility that is brightly colored, child-friendly and infused with technology, Rosenbluth was moved to provide support that would not only embrace these characteristics that align with BOWI Foundation's mission, but also meet an increased need during the

COVID-19 pandemic.

BOWI Foundation's donation of eight virtual reality headsets, seven tablets and two laptops to help patients stay connected with the outside world have made all the difference for recent patients and their families.

'Making this donation was important to the foundation," said Rosenbluth. "The equipment allows them to have not only two-way communication with their family, friends and teachers, but also keep up with their studies and play games while in the hospital. If we can bring a smile to a child's face, if we can distract a child for a few moments from the pain, if we can free the care team of the children for a few minutes, then we have accomplished our

BOWI Foundation has donated desktop computers, laptops, tablets and now virtual reality headsets to 26 children's hospitals all over the world. The foundation, which works with the hospital's development offices to make it easy to acquire the technology equipment, also works with the hospitals' information system departments to make it available to the children as quickly as possible.

The donation was made through the Little Red Wagon Fund at Golisano Children's Hospital, which is dedicated to advancing innovative programs, technologies and services. For more information, visit www.leehealthfoundation. org/golisano.☆



FROM THE BEACHES TO DOWNTOWN FORT MYERS	VS
Emergency	911
Lee County Sheriff's Office	
Florida Marine Patrol	
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	
Fort Myers Beach Chamber of Commerce	
Fort Myers Beach Library	463-9691
Lakes Regional LibraryLee County Chamber of Commerce	
Post Office	
Visitor & Convention Bureau	338-3500
ARTS Alliance for the Arts	000 0707
Arts For ACT Gallery & Studio	
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	
Edison Festival of Light	
Florida Repertory Theatre at the Arcade	
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS	
American Legion Post #38	239-332-1853
Angel Flight	
American Business Women Association	
Audubon of SWFLhttps://	
Caloosahatchee Chapter DAR	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
I duPont Company Retirees	
Edison Porcelain Artists	454-1083
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# My Stars ★★★★

### FOR WEEK OF AUGUST 31, 2020

Aries (March 21 to April 19) This could be the time to try soothing whatever bad feelings might be lingering 'twixt and among colleagues, friends or family members. But be sure you do so without favoring any side.

**Taurus** (April 20 to May 20) An idea is only an idea until you put that clever Bovine mind to work to develop it from concept to substance. This could lead to something rewarding, both emotionally and monetarily.

**Gemini** (May 21 to June 20) The early part of the week could have some disconcerting moments, but approaching them with a calm, unruffled attitude goes a long way toward helping to get things nicely settled down.

**Cancer** (June 21 to July 22) Getting used to change continues to mark much of the week. But accepting what you have to do makes adapting that much easier. A welcome visitor could turn up sooner than expected.

**Leo** (July 23 to August 22) Learning how to live with a decision is a challenge, but one you Leos and Leonas could really enjoy. You'll also be pleased to see your social life take that upsurge you've been hoping for.

**Virgo** (August 23 to September 22) Use your perceptive Virgo instinct to help you see the positive aspects of what, at first, appears to be a disappointment. You could find that it proves to be quite the contrary.

**Libra** (September 23 to October 22) Your ability to maintain a balance between sense and sentiment once again helps you sort through apparently conflicting choices and ultimately arrive at the right decision.

**Scorpio** (October 23 to November 21) Before you seek the advice of colleagues about a potential career move, you might be better off getting counsel from someone who won't be affected by the choices you make.

**Sagittarius** (November 22 to December 21) It can be a challenging week for some relationships if the normal give-and-take flow changes with one side doing most of the giving and the other the taking.

**Capricorn** (December 22 to January 19) A new opportunity could bring with it much anticipation along with some anxiety. Take time to sort out your options as well as your emotional considerations.

**Aquarius** (January 20 to February 18) Are you sure you have all the facts you need to let that matter move to another level? Don't be rushed into a decision unless and until you feel it's the right thing to do.

**Pisces** (February 19 to March 20) Pace yourself as you prepare to take on that more demanding project. Be careful not to let your energy reserves drain away. Take time to relax with people close to you.

**Born This Week**: You have the ability to see both sides of a situation. You would do well as a counselor or a judge.

### MOMENTS IN TIME

- On Sept. 10, 1813, in the first unqualified defeat of a British naval squadron in history, U.S. Capt. Oliver Hazard Perry leads a fleet of nine American ships to victory over a squadron of six British warships. After the battle, Perry sent a famous dispatch to U.S. Gen. William Henry Harrison that read, "We have met the enemy, and they are ours."
- On Sept. 9, 1939, audiences at the Fox Theater in Riverside, California, get a surprise showing of *Gone with the Wind*. The film became an instant hit, breaking all box office records. It was nominated for more than a dozen Oscars and won nine.
  - On Sept. 8, 1945, U.S. troops land in Korea

to begin their postwar occupation of the southern part of that nation, one month after Soviet troops had entered northern Korea to begin their own occupation. The division of Korea quickly became permanent.

• On Sept. 12, 1951, former middleweight champion Sugar Ray Robinson defeats Randy Turpin to win back the belt after losing to Turpin two months prior. Robinson knocked Turpin down with a right to the jaw in the 10th round.

• On Sept. 11, 1965, the 1st Cavalry Division begins to arrive in South Vietnam, bringing U.S. troop strength to more than 125,000. The unit was the first full U.S. Army division deployed to Vietnam

• On Sept. 7, 1977, President Jimmy Carter signs a treaty that will give Panama control over the Panama Canal beginning in the year 2000. A 1904 agreement had given the U.S. the right to build the canal and a renewable lease.

• On Sept. 13, 1980, country music artist Willie Nelson and his band perform at the White House with President Jimmy Carter in attendance. Later that night, unbeknownst to the president, Nelson allegedly retired to the White House roof to smoke a marijuana cigarette.

### NOW HERE'S A TIP

- Here's a budget stretcher: "Credit goes to my friend for this great butter extender. Whip 1 pound of softened butter and 1/2 teaspoon of salt. Slowly add 1 cup of olive oil. Beat up to 5 minutes to add air and increase volume. Pour into two 1-pint containers and refrigerate. Economical, spreads like soft margarine, tastes great and you get the benefits of olive oil in a natural product." SB, British Colombia, Canada
- Mix a quarter cup of salt in with two tablespoons of bath wash for a sudsy, refreshing, skin-soothing salt scrub.
- "Before I go to the beach, I freeze an ice-cube tray full of lemonade. Then, we use the cubes in our travel cups. It keeps the lemonade cool, and as it melts (which tends to be quickly), it doesn't water down the drink." KH in Myrtle Beach, SC
- Some tips for middle or high-school kids going back to school virtually: Have a designated workspace. This can be as simple as a large tray turned upside down and placed on the end of the bed with a storage ottoman to sit on. It will be better than trying to lay in bed and work.

• Mold on baked goods goes beyond what you can see. The mold puts out "feelers" that are invisible to the naked eye, so if you see mold on your muffin or bread, don't think that you can cut that part off and be done with it. To be safe, throw the whole thing away.

• "I needed an outlet on my porch, so I ran a long extension cord along the edge of the patio and fed it up into a piece of PVC pipe that was left over from a plumbing job. It holds the end of the cord at about outlet height. Whatever works!" – VL in Arizona

### STRANGE BUT TRUE

- In 2015, Godzilla was made an official resident of the Shinjuku ward of Tokyo. The "King of Monsters" was not only given Japanese citizenship, but also appointed as the ward's tourism ambassador.
- When Henri IV of France wed Maria de Medici in 1600, he could not actually be present for the ceremony. Instead, he sent a life-sized sculpture of himself... made entirely out of sugar.
- Knowing they might never return safely from the moon, Neil Armstrong and the Apollo 11 crew worried about the prospect of leaving their families without financial support, but couldn't take out life insurance policies due to the extreme risks of their mission. Instead, they signed hundreds of autographs to be sold if they didn't make it home. Thankfully, those weren't needed, but still show up

continued on page 22

Answers on page 23

### **ELEMENTAL Super** Crossword **RECOMPOSITION** 50 What some 86 Org. for free ACROSS 96 Dark film 130 Bates 37 Be hammy 1 Like Pisa's 38 Pro-learning about people 131 Unity cuts do speech 51 Make 89 Üsing a pen famed tower org. **40** "Hook" pirate who forae **DOWN** 8 On the mark cherished 91 Flabbergasts element 53 City on the 42 With 92 Jorge's 16 Dangle #26? 1 Really 98 Internal 20 Adequate for 17-Down. Alabama absurd "dav" **54** With body parts **93** Some the job 2 Not scram 21 1974 Billy 32-Down, gendered, as 45 Actor Gibson that have annexes nobody 95 Part of a fork Joel hit absorbed 46 Secular a noun **57** Home of the 22 Pastiche 3 Vouches for 47 Orbital curve 97 Obsolete too much 23 Phone alert philosopher of element **4** "... — a 48 Current units 99 Bigwig lender be" 100 One fleeing sound whose #47? 49 Rodeo ropes Zeno waves travel 59 Oven knob 103 Floor cover 5 Bit of NYSE **52** Vitascope a flood, best through 61 Swiss peaks 104 Tilting type news inventor maybe element #7? – Gay 105 Crooked 6 Pesters a lot 54 Cocktail 101 Adjusts the 64 Sideshow 106 Clog-clearing 25 Refuse to 7 Wonderful of gin, pitch of vermouth 26 Expert barkers stuff found 8 IRS filing mo. again 27 Submission and Campari 102 Noisy peddlina to have 9 Nero's 102 encl. element element 10 Is unable 55 Sixty sleepers 28 Disney sci-fi 104 Cry after #33? #86? 11 Not marked, minutes film of 1982 69 Munich loc. 110 Reach over 56 Ontario's as an exam "Psst!." perhaps 29 Ukulele's kin 112 Poets' Muse 12 Turbine parts **70** I-75, e.g. capital 30 Exams 73 Heavy winds 113 Old Apple 13 In a crowd of 58 Person 106 Fissures 33 Skyscraping 74 Binary base 14 Earthy shade quarreling 107 Call off, as a laptop 36 Instrument 75 Expert 114 Impact 15 Austin-to-60 Enactment mission 108 "What whose pipes 76 Cigar holder noise Atlanta dir. 63 Meyers of are filled made from 116 Floor cover **16** 1991-2003 "Think Big" mean?' 65 Raimi of film 109 Rand with element element 118 Mean dog Vermont #18? #45? 119 A.J. of Indy governor 66 Yale alum McNally 39 Opening bits 80 It may follow 120 Half-moon-**17** See 67 Actor Sparks reference 41 Classic "Long time" shaped 42-Down 68 Politico Paul 111 Jorge's "new' Fords, briefly 82 Chaplin of deposit of 18 Masked **71** Voting day, 115 Goes kaput 43 Peddle "Game of element warrior in often: Abbr. 117 Fed. agents **72** More 44 Mistake Thrones' #34? black 120 "Na Na" 19 Boarded 126 Deanna on devoid while trying 83 Sort of preceder 121 Canon 77 "Heck yeah!" 24 "How clever" to mine sword the USS 78 Prince, e.g. 84 Zero Enterprise camera line element 29 Links 122 Suffix with 87 Not as much 127 Collectors of 31 Like clans **79** 500 vehicles #55? 46 Bargain on 88 — -Grain lots of stuff **32** See 81 Literary strict 128 Dutch painter 123 Orig. copies cereal bars 54-Across the export Twist 90 Harangue **34** 16-oz. units 85 Women's 124 State of fury of element Jan 94 Peyotes, e.g. 129 Flabbergast 125 K-O center #82? patriotic gp. 35 Pet pests 10 12 15 16 17 18 20 21 22 23 25 26 28 29 30 33 39 43 42 44 50 61 66 68 69 70 73 76 80 81 82 83 88 90 91 92 96 98 100 101 97 103 105 104 106 107 108 110 109 111 112 113 114 116 118 115 117 119 120 | 121 122 | 123 124 125 126 127 128 129 130 131

### King Crossword **ACROSS** 1 Early bird? Said "not 13 guilty' 8 Molt 12 By way of 18 13 Emanation 14 Rent 15 Work unit 24 27 28 16 Whirl 17 Long-billed wader 33 18 Sprinter's device Many millen-22 Parcel of land 23 Allude (to) 26 Driver's 49 50 license datum 27 Foundation 30 Out of control Hung "Oklahoma!" 49 New Haven 31 Football garb 8 Half a circus 32 Genie's home baddie school 50 Choose 32 Stead clown's pair 34 Chapeau 33 Vat 51 Not so much Vagrant 35 Expires

10

11

- The Red

Dilbert's

worksite

19 Stench

23 Snitch

20 Go a few

24 Ostrich's

25 Pass (off)

29 Payable

26 Total

cousin

28 Wet wriggler

rounds

36 Marching-

37 Half of

38 Booty

tics

41 Snare

44 Attend

**DISNEY CAT** 

27 Auction action 43 "Unh-unh"

39 Otherwise

42 PC picture

band section

49-Across'

fight song

40 Census statis-

52 Resorts inter-

national?

53 "The Matrix"

1 Prior nights

2 Encircle

3 Ladv -

5 Pea-family

Brockovich

plant

4 Cleric

6 Ms.

role

**DOWN** 

34 Haw partner

35 Tureen acces-

sory

36 Prohibit

37 Emeril's

shout

45 Plankton

46 Love god

remark

48 Works with

Cheshire Cat

Figaro

Lucifer

Mirage

47 Dove's

38 Extremely

exciting

component

### MAGIC MAZE NAMES QAXUQNKHREBYVS MJHEBYVTOQOLIGD BYWATNRPBMKIF YWSLRUASAFUMS OMSATEEHSKI BZCNSRFOKXWRJ H ES Η I R E $\mathbf{C}$ ONLGJTYHCARGF CAGYWVTTSUGEORP NILKIHFIECLIHAB TZYWVUABMIS SFSR Find the listed words in the diagram. They run in all

directions forward, backward, up, down and diagonally

Sabor

Sarabi

Sassy

Scar

Shere Khan

Simba

Mittens

Mufasa

Nala

Rajah





Beef Sliders with Avocado Salad and Pickles photo courtesy Fresh From Florida

### Beef Sliders with Avocado Salad and Pickles

1 pound ground beef

1 avocado, diced small

House Pickles

1/4 cup plain Greek yogurt

1 tablespoon apple cider vinegar 2 tablespoons all-purpose seasoning,

Slider condiments (mayonnaise, mustard, ketchup)

8 mini buns or slider rolls Sea salt and fresh ground pepper, to taste

Preheat grill to medium-high. In a small bowl combine diced avocado, yogurt, vinegar, and 1 tablespoon all-purpose seasoning. Mix thoroughly and store in refrigerator until ready to use. Season ground beef with 1 tablespoon all-purpose seasoning and mix thoroughly. Form into 8 (2-ounce) patties and season with salt and pepper. Place onto grill and grill for 3-4 minutes per side, depending on the desired internal temperature. Remove from heat and assemble burgers with avocado salad and Florida House Pickles as desired. Serve immediately.

### House Pickles

8-10 cucumbers, sliced 1/4-inch thick

3 cups water

2 cups apple cider vinegar

1 teaspoon sugar

1 bunch fresh dill

3 cloves garlic

20 peppercorns

1-2 tablespoon sea salt

In a large pot combine the water, vinegar, sugar, and salt. Bring to a boil over medium-high heat long enough to dissolve the sugar and salt. Remove from heat and set aside. Fill three mason jars with 1 garlic

clove, 5-6 peppercorns, 2-3 sprigs fresh dill, and sliced cucumbers. Avoid packing the cucumbers tightly to allow room for brine mixture. Carefully pour brine into each jar, covering the contents completely. Allow to cool to room temperature before securing with lid. Once cool, store in refrigerator for up to 4 weeks.

Fresh tip: Once all the pickles have been eaten the brine can double as a great

chicken marinade.以

### PETS OF THE WEEK

Lee County Domestic Animal Services

# Hooch And Nile

name is Hooch. I am an 8-year-old male mastiff, and I am a gentle giant. I will not only sit for a treat, but take it gently. My head is bigger than my body, and I like nothing more than to rest it on your



lap for you to give Hooch ID# A826203

me love. I am one of the Pets of the Day during Clear the Shelters, so my adoption fee is waived.

Hi, I'm Nile, a 3-month-old male domestic shorthair who was a shy guy when I first arrived here, probably because I came with two sisters that were more assertive. Now that they



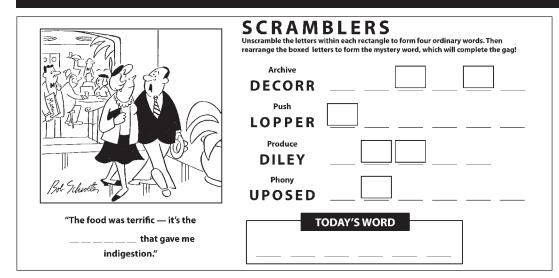
Nile ID# A823676

have been adopted, I have come out of my shell and am quite the character. I am also part of our Clear the Shelter promotion in August so my adoption fee is waived.

As always, cats and kittens are adopt one and get a feline friend at no additional

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10 a.m. to 4 p.m. For more information, visit www.leegov.com/ animalservices or call 533-7387.☆

Answers on pages 22 and 23

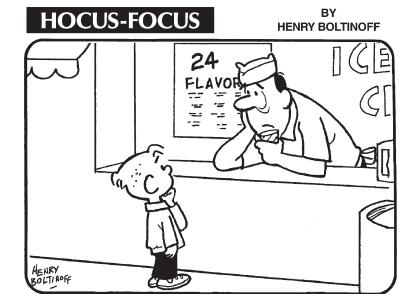


	8	5			7		2	
		6		2				1
9			6			5	4	
	7				8	3		
		1	5					4
2				6			9	
		7			2			6
	1			4		7		
5			1				8	

# **SUDOKU**

## To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.



Find at least six differences in details between panels.



Number of flavors has changed. 6. Partial window sign is missdifferent. 3. Man has a bow tie. 4. Napkin dispenser is larger. 5. Differences: 1. Picture has been added. 2.Boy's sleeve is



**FRIDAY** Mostly Sunny High: 90 Low: 82



**SATURDAY** Partly Cloudy High: 89 Low: 83



**SUNDAY** Partly Cloudy High: 92 Low: 82



**MONDAY** Sunny High: 88 Low: 81



**TUESDAY** Mostly Sunny High: 87 Low: 79



WEDNESDAY Mostly Cloudy High: 89 Low: 82



THURSDAY Mostly Sunny High: 92 Low: 83

### Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	3:04 am	8:30 am	3:05 pm	9:09 pm
Sat	3:19 am	9:11 am	3:46 pm	9:31 pm
Sun	3:40 am	9:55 am	4:32 pm	9:54 pm
Mon	4:05 am	10:44 am	5:26 pm	10:17 pm
Tue	4:35 am	11:42 am	6:37 pm	10:41 pm
Wed	5:13 am	12:53 pm	8:26 pm	11:03 pm
Thu	6:00 am	2:15 pm	None	None

### Point Ybel Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	2:09 am	8:32 am	2:10 pm	9:11 pm
Sat	2:24 am	9:13 am	2:51 pm	9:33 pm
Sun	2:45 am	9:57 am	3:37 pm	9:56 pm
Mon	3:10 am	10:46 am	4:31 pm	10:19 pm
Tue	3:40 am	11:44 am	5:42 pm	10:43 pm
Wed	4:18 am	12:55 pm	7:31 pm	11:05 pm
Thu	5:05 am	2:17 pm	None	None

### Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	3:39 am	9:40 am	3:38 pm	10:04 pm
Sat	4:04 am	10:13 am	4:20 pm	10:28 pm
Sun	4:26 am	10:45 am	4:59 pm	10:46 pm
Mon	4:44 am	11:16 am	5:35 pm	10:59 pm
Tue	4:56 am	11:49 am	6:11 pm	11:11 pm
Wed	5:13 am	12:29 pm	6:49 pm	11:27 pm
Thu	5:40 am	1:26 pm	7:34 pm	11:49 pm

### Cape Coral Bridge Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	5:14 am	12:04 am	5:15 pm	11:46 am
Sat	5:29 am	12:25 am	5:56 pm	12:27 pm
Sun	5:50 am	12:47 am	6:42 pm	1:11 pm
Mon	6:15 am	1:10 am	7:36 pm	2:00 pm
Tue	6:45 am	1:33 am	8:47 pm	2:58 pm
Wed	7:23 am	1:57 am	10:36 pm	4:09 pm
Thu	8:10 am	2:19 am	None	5:31 pm

# PROFESSIONAL DIRECTORY

### **ELECTRICAL**



STANDBY **POWER** Authorized Deale

Lee, Collier, Hendry, Charlotte, Sarasota Counties Lic.# EC-13002460

generator@iteelectricinc.com 204-B Waldo Avenue, Lehigh Acres, FL 33971

C | 239-980-1596

### **GENERAL CONTRACTOR**



### TREE TRIMMING, ARBORIST



### CONSTRUCTION/REMODELING



239.454.5699

cooperconstruction@embargmail.com

Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

### **IRRIGATION**

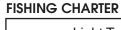


### **HOME SERVICES**



### **CLEANING SERVICES**









The New Math:

That's right! The Harry Chapin Food Bank can find, rescue, transport and distribute \$8 of nutritious food for every \$1 you donate. This turns your \$20 gift into 80 meals for a family!

Thank you for your generosity!

Mail your tax-deductible donation to: The Harry Chapin Food Bank 3760 Fowler Street, Fort Myers, FL 33901 Call (239) 334-7007 or donate online at: harrychapinfoodbank.org









Mail your tax-deductible donation to:

### The Harry Chapin Food Bank

3760 Fowler Street, Fort Myers, FL 33901 Call (239) 334-7007 or donate online at: harrychapinfoodbank.org

arconon reminds addicts and alcoholics that those relationships that you managed to destroy with your addiction can be repaired. You must stop talking about it and making broken promises, and start making a change. This is where the saying "actions speak

louder than words" comes into play. Getting treatment and making a change is the start to mending those relationships.

For more information on repairing relationships, visit www.narcononsuncoast.org/blog/repairing-relationshipsdamaged-by-addiction.html. A

> Read us online at www.lslandSunNews.com

From page 18

# Strange But True

in space memorabilia auctions today, going for as much as \$30,000.

- Only two sports have been played on the moon – golf and the javelin throw.
- At a NOAA conference in 1972, civil and women's rights activist Roxcy Bolton proposed naming hurricanes after senators instead of women. She also preferred the term "him-i-canes."
- Hot air balloons can't be used in the rain because the water would boil from the

heat, destroying the fabric.

- · A donkey will sink in quicksand, but a mule won't.
- Like to lie back and watch puffy clouds drift lazily by in the summer sky? Bet you'd never guess that a single one weighs about 1.1 million pounds. Researchers calculated that staggering amount by multiplying a cloud's water density by its volume. So how do they manage to float? Simple: The air below them is even heavier.

### THOUGHT FOR THE DAY

RECREATIONAL VEHICLE

IMMACULATE MOTORHOME

32' Motorhome - ONLY 26,815 miles!

NADA VALUATION with included options is

over \$70,000. We are selling for \$62,500.

One owner Class C 2015 Model Forester

3051S maintained in immaculate condition!

We love this RV, however we have

purchased a second home in Sanibel and

no longer use RV like we originally did. Will

also sell 2013 Honda CRV Toad with Tow

Bar and InvisiBrake System. NADA value

of CRV is \$13,250, selling for \$11,000.

CRV is will maintained with 4 new tires and

includes a bike rack that carries 4 bikes.

Together, the RV and CRV is priced to sell

and will provide you everything you need to

explore the country. 412-580-5467.

"Instead of letting anxieties and

# CLASSIFIED

### COMMERCIAL RENTAL

# PELICAN PLACE SHOPPING CENTER

Palm Ride Road on Sanibel 3 units available or combined 2,400 sq. ft. (2 at 700 sq. ft., 1 at 1,000 sq. ft). Call 703-593-7024 6/21 & TFN

# OFFICE/COMMERCIAL SPACE FOR RENT



### **Palm Court Center**

2424 Palm Ridge Road, Sanibel, FL 33957 Highly visible ground floor space, 534 square feet. Move in condition. Formerly Buyer's Choice Realty. \$ 900 per month. Landlord pays all common. Area Maintenance. Call 973-726-3213 7/31 **☆** TFN

### VACATION RENTAL

### **Island Vacations**

Of Sanibel & Captiva Million \$ Views Await You! • Cottages • Condos • Homes • Miles of Beaches & Bike Paths 239-472-7277 1-888-451-7277 1/4 - TFN



2427 Periwinkle Way Sanibel, FL 33957 Local: (239) 472-6385 Toll Free: (800) 472-5385 Fax: (239) 472-5858 www. cottages-to-castles.com

### **VACATION RENTAL**

### SANIBEL

### AVAILABLE NOW!!!

\$1,500 a Month. 2BR/1BA duplex, scrn. Porch, Laundry, Walk to Beach 2 Blocks. Pet friendly. Available to Nov. 1. Call NOW to reserve!!!!

472-6747
Serving The Islands Rental Needs Since 1975

Gulf Beach Properties, Inc. 8/28 ≄ TFN

### ANNUAL RENTAL

### ANNUAL RENTAL

### SANIBEL

This updated 3BR/2BA Executive Home with split plan, offers tile thru-out, paver scr. enclosed Pool, overlooking water to golf course. Short walk to beach access. \$3,500. UF.

SANIBEL CONDO

This RARE offering of a 1/1 UF condo, Pool, Tennis, close to Causeway. No Pets! \$1,350/mo.

### 472-6747

Serving The Islands Rental Needs Since 1975

Gulf Beach Properties, Inc. 8/28 **☆** TFN

### **HOUSE RENTAL**

East end canal front home with pool. 3/3. Annual rental, \$3,500 a month. 978-764-1889.

### **RENTING FOR OVER \$1,500?**

Inbox me your monthly rent amount and I'll send you 3 houses you could OWN for the same monthly payment. chip@chipwolfe.com chipwolfe.com 239-848-0906 REMAX OF THE ISLANDS

# FURNISHED HOME FOR RENT IN THE DUNES

3 bedroom 3 bath plus loft. Newly rennovated. Community pool and tennis court shared by 8 homes. 978 Sand Castle, Sanibel, Florida. \$3,000 per month including utilities. 417-310-2401

### SERVICES OFFERED

### **EnviroMow**

A Full Service Landscape Co.

- Landscape Design. Install & Maintenance.
- Tree Trimming by a Licensed Arborist Professional Irrigation Repair
- Licensed & Insured Home Watch Service Residential & Commercial



### SANIBEL MATERIAL GIRL

Beautiful - Whimsical - Delightful Treasures to remind you of your visit to the Sanibel Island area:

Jewelry
Wrapped Cloth Bowls
Face Masks (did you buy one on the Island and need another?) Oversized hot pads Shell Ornaments and More!

Shop now at www.SanibelMaterialGirl.com 7/10 🗱 9/25

# NURSING ASSITANT

Mature lady with good sense of humor, common sense, background in psychology, 23 years experienced nursing assistant is available for stay in position. 239-265-0409

### HELP WANTED

# CAREGIVER NEEDED FOR LIVE-IN ON SANIBEL ISLAND

Take care of elderly woman 100 years old. Contact Alan at 732-259-6629 or Patricia at 732-259-6631.

### AFTERCARE TEACHER

for Sanibel Christian Preschool needed ASAP. Hourly Position Mon.-Fri., Noon to 6 p.m. DCF Required 40+ hours training and teaching experience preferred. IF interested contact deb@sanibelucc.org.



### **NOW HIRING**

2 FT Exp. Line cooks (\$18-\$20/hr.) 1 FT Dishwasher (\$14/hr.)

Email resume to GM@captivaiyc.net or call for an application 239-472-4133 ext. 1 Drug Free Work Place 9/4 🌣 9/11

### **FOR SALE**

# MOVING ALL FURNITURE FOR SALE CALL ANYTIME

Living, Dining, Bedroom. Like New Memory Foam Mattress and Frame. Love Seat and Glass Top Coffee Table. Desk, Chair, Lamps. Call anytime for appointment 314-359-0625 9/4 \$ 9/25

### **SCARNATO LAWN SERVICE**

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com

### ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement. Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788 4/20 **☆** TFN



### **NOW HIRING** 2 PT Exp. Servers

(\$80 lunch / \$140 dinner, no tips) Sanibel toll reimbursement Daily Travel Pay (off island only), staff meals Email resume to GM@captivaiyc.net or call for an application 239-472-4133 ext. 1 Drug Free Work Place

### LOST/FOUND

### **LOST CAT**

Grey/white semi-Tiger type, with white face, belly and paws. Responds to name of "Bushy." Reward. If seen, please call 239-980-3592.

8/7 **☆** TFN

**SCRAMBLERS ANSWER** 

1. Record 2. Propel; 3. Yield; 4. Pseudo

Today's Word

**PRICES** 

uncertainties fence off your life, they can become signposts showing you where to turn to do what really matters to you."

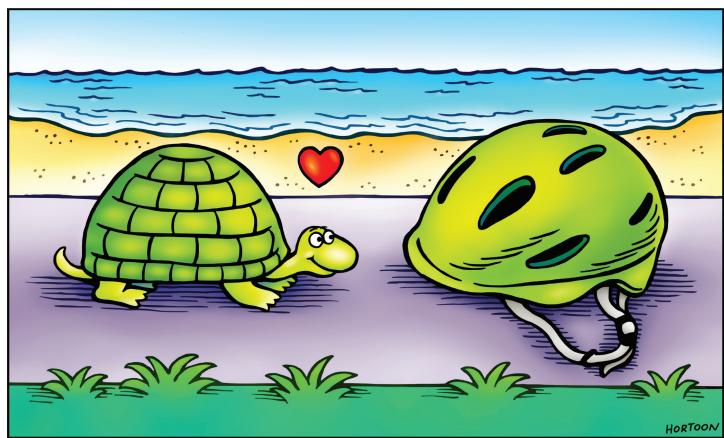
### **TRIVIA TEST**

- 1. **General Knowledge**: Which activity uses terms such as baste, bias and selvage?
- **Mythology**: What are the Norns?
- Ad Slogans: Which product uses the advertising slogan "Vermont's Finest"?
- **Geography**: What is the capital of New Zealand?
- 5. Music: Which Madonna song features a recitation of 16 cultural icons?
- 6. U.S. States: How many states begin with the letter "A"?
- 7. **History**: Who was queen consort to French and English kings in the 12th century?
- 8. Literature: Which 20th-century novel begins with the line, "All children, except one, grow up"?
- 9. **U.S. Presidents**: Which president detested broccoli and banned it from his meals?
- 10. **Animal Kingdom**: What is a group of crabs called?

### TRIVIA ANSWERS

Pan 9. George H.W. Bush 10. A cast Arkansas 7. Eleanor of Aquitaine 8. Peter 3. Ben & Jerry's ice cream 4. Wellington 5. Vogue 6. Alabama, Alaska, Arizona and 1. Sewing 2. Norse goddesses of fate

# HORTOONS



# **PUZZLE ANSWERS**

SUPER CROSSWORD	KING CROSSWORD MAGIC MAZE				SU	DOI	ΚU
L E A N I N G A C C U R A T E H A N G U P T O P A R P I A N O M A N O L I O	E G G P L E D S H E D	1	8	5	4	3	7
N I T R O G E N R I N G T O N E W O N T A C E S S A E T R O N B A N J O T E S T S T A L L A R G O N O R G A N	VIA AURA TORE ERG SPIN IBIS	7	4	6	9	2	5
	STARTINGBLOCK SLR ASAFUM	) <sub>/fl</sub> 9	3	2	6	8	1
B L E E D E N D E A R S E L M A N O T A E L E A D I A L A L P S	REFER SEX BED SATERHS	1 /A/ 4	7	9	2	1	8
E N O L A	AMOK JUD LIEU COS FOK R		6	1	5	9	3
O O N A	TUBHEM LADLE SCHESHIRECA	41 1 2	5	3	7	6	4
	HEARTSTOPPING TO VIGE	.        3	9	7	8	5	2
R A D O N D R A N O S S P A N E R A T O I B O O K T H U D R U G C U R F O Y T S E L E N I U M S E M I L U N E	A L G A   E R O S   C O O	H 4 6	1	8	3	4	9
T R O I H O A R D E R S V E R M E E R S T U N A S S E S S E S O N E N E S S	LESS SPAS NEO ABWIS	FS 5	2	4	1	7	6

# Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Captiva Beach	Captiva	2002	3,418	\$1,995,000	\$1,725,000	222
Ibis Cove At Bonita Bay	Bonita Springs	1998	3,923	\$1,750,000	\$1,676,000	145
Sabal Shores	Fort Myers Beach	2011	3,871	\$1,475,000	\$1,375,000	239
Jose's Hideaway	Upper Captiva	1996	2,365	\$1,285,000	\$1,095,000	334
Town And River	Fort Myers	1981	4,167	\$1,280,000	\$1,280,000	0
Edgewater	Fort Myers	1996	3,728	\$1,200,000	\$1,200,000	111
Bonita Beach	Bonita Springs	2007	2,472	\$1,195,000	\$1,150,000	362
Savona	Cape Coral	2011	3,572	\$1,049,900	\$925,000	149
Cape Coral	Cape Coral	1974	4,255	\$999,900	\$950,000	261
Cape Coral	Cape Coral	2001	3,746	\$995,000	\$950,000	76

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# DOC FORD'S RUM BAR & GRILLE

# WEREOPE

We're implementing our **Enhanced Safety Measures** that you'll notice when you get inside.

Thank you for trusting in us to provide you with a great experience & some sense of normalcy.



RANDY WALLNE White

Sanibel • Captiva • Ft. Myers Beach • Downtown St. Pete Pier

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